



2024 CMAS 1st
South East Asia
Championship
Finswimming Indoor

1st – 5th November 2024

Phnom Penh, Cambodia



Invitation Letters

Going concern to Mr. & Mrs. President and all members,

The CMAS SEA Federation has the pleased to invite you and your finswimming team participate in the 2024 CMAS 1st South East Asia Championship Finswimming Indoor to be held in Cambodia, Phnom Penh on November 1st -5th 2024.

The Kingdom of Cambodia has long await for this moment to host the first Finswimming Championship. The upcoming 1st edition of SEA Finswimming Championship will see athletes from 6 nations around Southeast Asia.

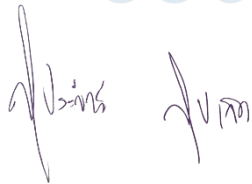
For Further information, please contact us with the following address and the way to contact.

Email: cmas.sea01@gmail.com

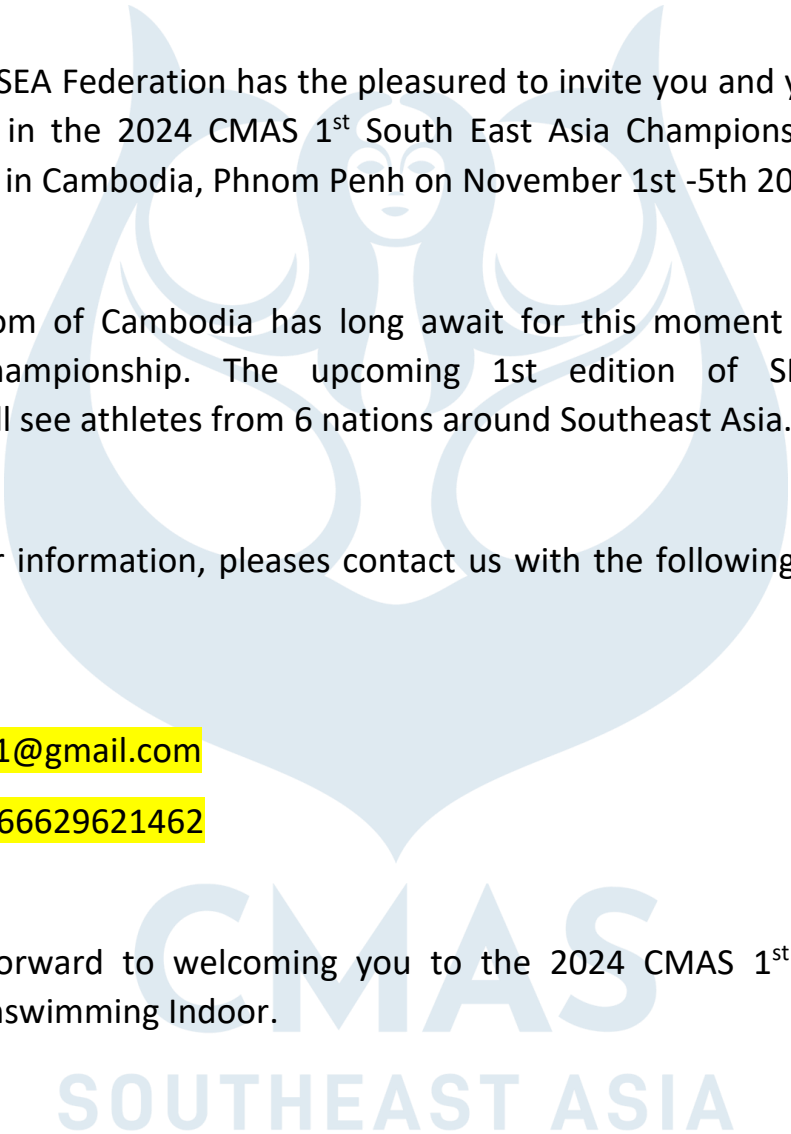
Phone number: [+66629621462](tel:+66629621462)

We look forward to welcoming you to the 2024 CMAS 1st South East Asia Championship Finswimming Indoor.


Signed by:



President: Mr. Suprawee Sukkerd



CMAS
SOUTHEAST ASIA



INFORMATION

1. Rules

This is in accordance with CMAS rules and the special rules of AUF.

2. Venue

All events will be held at the Standard Outdoor Swimming Pool, Olympic Stadium, and Swimming Pool in Phnom Penh City, Cambodia.

The competition pool has :

- Length of 50 meters.
- Width of 25 meters
- 10 lanes
- Wave-breaking Lane ropes
- Permanent depth of 3 meters
- Water temperature 25°C (±1°C). Timing and Judging Consoles, Computerization and Touch Pads are provided by Automatic Time Systems.



3. ELIGIBLE PARTICIPANTS

Events

Only National Federation Teams affiliated to the CMAS and AUF can compete in the championships. Each national team should respect the rules of the championship, the safety conditions set by the organizer's CMAS rules, and the Special rules of AUF.

- Entries must be submitted on SportsID & Sportdata within deadline set by CMAS rules.
- See the attached document :
 - General registration process 2024_V1.

4. EVENTS

No	Event	Male	Female	Mix
1	50m Surface	*	*	
2	100m Surface	*	*	
3	200m Surface	*	*	
4	400m Surface	*	*	
5	50m Bi-fins	*	*	
6	100m Bi-fins	*	*	
7	200m Bi-fins	*	*	
8	400m Bi-fins	*	*	
9	50m Apnea	*	*	
10	4 x 100m Surface	*	*	
11	4 x 200m Surface	*	*	
12	4 x 50m Surface	*	*	
13	4 x 100m Bi-fins (Mixed)			*

We will have only the following events for all Males and Females, 50SF, 100SF, 200SF, 400SF, 50AP, 4x50SF, 4x100SF, 4x100BF Mixed, 4x200SF, 50BF, 100BF, 200BF, 400BF (13 events).

5. BOOKING AND ENTRY FEE

A. Team Accommodation


Accommodations and meals are being offered in person to the participating delegations from the 31st of October (from dinner) to the 6th of November (until Breakfast) or for 5 nights 14 meals.

B. The Cost

- The cost is billed PER INDIVIDUAL in a single, twin, or triple hotel room.
- Includes:
 - Transportation:
 - Airport – Hotel – Airport
 - Hotel - Swimming Pool – Hotel (2 Round trips per day for 5 days of competition).
 - Full board:
 - (Breakfast, lunch, and dinner), or 14 Meals (starting with dinner on the 1st of November and ending with breakfast on the 6th of November) and an Extra fee for a single room.
 - Accommodation for 5 nights (C/I: 31.10.24 – C/O: 06.11.24)
- Check-In Time: after noon on the day of arrival.
- Check-Out Time: before noon on the day of departure.
- Any departures after noon will be subject to availability and possible additional charges.
- Extra days - arriving earlier than 31st October 2024 and leaving after 06th November 2024 are offered in the following categories:
 - Phnom Penh Hotel is 70\$ per person per day including breakfast, free Wi-Fi, and VAT.
- All teams must stay in the official hotels during the championship.

C. Transportation

Extra Transportation around Phnom Penh can be provided upon request.

<u>Per Day</u> Phnom Penh Hotel	
Double/ Twin Room/ Person: 90 USD	
Single Room / Person: 110 USD	

D. Reservation and Payment

- Accommodations will be reserved only by deposit of 50% of the total cost.
- Please complete and return the Hotel Booking form as soon as possible.
- Deposit payment may be sent before 30 September 2024 to guarantee reservation.
- All rooms are subject to availability.
- To avoid inconvenience on the part of the organizers and participants, we request the teams follow the schedule of deadlines.
- Balance payment should be paid before 01 October 2024.

E. Payment Information

"Payment should be made by direct bank transfer to the Bank. Bank information is confidential. It will be sent to you on request by email: cmas.sea01@gmail.com

WIRE TRANSFER	
ACCOUNT HOLDER <i>(Name appearing on account, Street, City, Postal Code, and country if different from above)</i>	Khmer Swimming Federation Olympic Swimming Pool, Sangkat Veal Vong, Khan 7 Makara, Phnom Penh, Cambodia.
Account Holder Email address	kiryhem@gmail.com
NAME OF BANK	Foreign Trade Bank of Cambodia (FTB)
BANK ADDRESS <i>(Street, City, Postal Code, Country)</i>	No 33 C-D, Street 169, Sangkat Veal Vong,
BANK CODE (ABA) <i>(if applicable)</i>	
AGENCY or BRANCH CODE	
SWIFT (BIC code)	
ACCOUNT NUMBER	010.30.062.000539.3
IBAN Account number <i>(All European countries and some overseas)</i>	

6. PROGRAM SCHEDULE

A. The competition will start at 9:00 and 16:00 each day. Warming up will start from 8:00 and 15:00 each day.

Day 1 (Oct/31)	: Arrival
Day 2 (Nov/01)	: Practice, Technical Meeting at 2 pm, Equipment Check
Day 3 (Nov/02)	: Competition and Opening ceremony
Day 4 (Nov/03)	: Competition
Day 5 (Nov/04)	: Competition
Day 6 (Nov/05)	: Competition and Closing ceremony
Day 7 (Nov/06)	: Departure in the morning

B. Events Schedule No.

Day	No.	Morning (Heats-09:00)	Afternoon (Final-16:00)	Medal Ceremony
Day 1	101	400m Bi Fins M	400m Bi Fins M	400m Bi Fins M
	102	400m Bi Fins W	400m Bi Fins W	400m Bi Fins W
	103	400m Surface M	400m Surface M	400m Surface M
	104	400m Surface W	400m Surface W	400m Surface W
	105	50m Bi-Fins M	50m Bi-Fins M	50m Bi-Fins M
	106	50m Bi-Fins W	50m Bi-Fins W	50m Bi-Fins W

Day 2	201	200m Bi-Fin M	200m Bi-Fin M	200m Bi-Fin M
	202	200m Bi-Fin W	200m Bi-Fin W	200m Bi-Fin W
	203	50m Surface M	50m Surface M	50m Surface M
	204	50m Surface W	50m Surface W	50m Surface W
	205	4 x 200m Surface Relay M	4 x 200m Surface Relay M	4 x 200m Surface Relay M
	206	4 x 200m Surface Relay W	4 x 200m Surface Relay W	4 x 200m Surface Relay W
Day 3	301	100m Bi-Fins M	100m Bi-Fins M	100m Bi-Fins M
	302	100m Bi-Fins W	100m Bi-Fins W	100m Bi-Fins W
	303	100m Surface M	100m Surface M	100m Surface M
	304	100m Surface W	100m Surface W	100m Surface W
	305	4 x 100m Surface M	4 x 100m Surface M	4 x 100m Surface M
	306	4 x 100m Surface W	4 x 100m Surface W	4 x 100m Surface W
Day 4	401	50m Apnea M	50m Apnea M	50m Apnea M
	402	50m Apnea W	50m Apnea W	50m Apnea W
	403	200m Surface M	200m Surface M	200m Surface M
	404	200m Surface W	200m Surface W	200m Surface W
	405	4 x 50m Surface M	4 x 50m Surface M	4 x 50m Surface M
	406	4 x 50m Surface W	4 x 50m Surface W	4 x 50m Surface W
	407	4 x 100m Bi-Fin Mix Relay	4 x 100m Bi-Fin Mix Relay	4 x 100m Bi-Fin Mix Relay

7. AWARDS

Individual / Team wards

- A. Gold Medal for First Place.
- B. Silver Medal for Second Place.
- C. Bronze Medal for Third Place.

* For 1st SEA Finswimming Championships 2024: The awarding ceremony will be held in the afternoon sessions as scheduled.

In order to prepare for the awarding ceremony, each team has to bring 3 national flags (Size: 180cm x 120cm) and one national anthem CD.

8. CERTIFICATES

- A. Diploma/certificate will be awarded to all record holders.
- B. Certificate of participation will be presented to all participants.

9. TECHNICAL MEETING

- A. Date: Friday, 01st November, 2024.
- B. Time: 2.00 pm
- C. Venue: Olympic Stadium, Swimming Pool, Phnom Penh/Meeting room in the pool.

10. Submission key dates

Application Form	Submission Deadline
Enclosure 1 --- Preliminary form	31/08/2024
Enclosure 2 --- Entry List	30/09/2024
Enclosure 3 --- Hotel Booking Form	30/09/2024
Enclosure 4 --- Rooming List	30/09/2024
Enclosure 5 --- Travel Information	30/09/2024
Enclosure 6 --- Entry Form	30/09/2024

11. Other information

A Cambodia visa is required for most foreign nationalities to travel and stay in Cambodia for purposes of tourism, business, investment, study, medical treatment, mass media, religion, employment, visiting family, and other activities. The foreigner is required to apply for the appropriate visa from a Cambodian embassy or consulate.

A. Information on organizing committee

Khmer Swimming Federation (KSF), Cambodia

Mr. HEM Kiry (Secretary General)

Address: Bill. N• 1 St. Poland 163 Sangkat Vealvong, Khan 7Makara.p.o Box 101Phnom Penh, Kingdom of Cambodia.

Tell: (+855) 12 963 766.

Email: cmas.sea01@gmail.com

CMAS
SOUTHEAST ASIA

Enclosure 1

PRELIMINARY ENTRY FORM

Name of the Federation		NOC Code	
Contact Person		Phone No.	
Function		Mobile No.	
E-mail Address		Fax No.	

Team Officials	Men		Women	
Athletes	Men		Women	
Judge	Men		Women	

Submission Deadline: 30/09/2024

Declaration Form: By registering my federation in this championship, I undertake to respect the statutes, regulations, and directives of the CMAS.

Date and Signature: _____

Insurance: I hereby declare that all the delegation members have valid health insurance for the duration of the stay, which covers the full extent of the consequences of accidents and reimbursement for the costs of treatment and rehabilitation following the accident that may occur during the stay.

Date and Signature: _____

Consent to the publication of imagery: I grant the Organizing Committee permission for my imagery, full name, nationality, and voice to be recorded during the competition.

Date and Signature: _____

Antidoping:

- I, the undersigned, am responsible for all the delegation members acknowledging WADA Antidoping Rules and CMAS Antidoping Rules.
- As a voluntary and mandatory commitment, the athletes must obtain the certificate ADEL (insert link of ADLE) before receiving the CMAS licenses according to the relevant point in the CMAS Procedures and Obligations.
- The expenses regarding the controls in competition belong to the organizers. In case of eventual supplementary analysis requested by WADA related to the bio-physiology of an athlete as ex ABP (athlete biological passport), the expenses belong to her/ his national federation.

Date and Signature: _____

Please check CMAS Procedures and Fin swimming rules for participation in CMAS Championships.

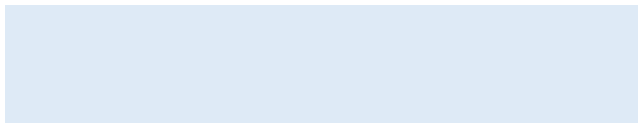
The President

(Full name in block letters)

Date



President Signature/stamp)



Enclosure 2

Entry List (Championship)

Federation Name:

No.	Surname, Given	Date of Birth (D/M/Y)	Male/Female (M/F)	Position : Athlete = A / Coach = C / Team Official= TO / Team
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Team Manager:

E-mail:

Submission Deadline:30/09/2024

Remark: Please E-mail completed this form before **30/09 2024** to : E-mail: cmas.sea01@gmail.com



Enclosure 3 **HOTEL BOOKING FORM**

Federation Name:

Closing Date for This Form Submission: 30/09 2024

Country:		Country Code:	
Name of Contact:			
Address:			
Cell phone:		Fax:	
Telephone:		E-mail:	

Reservations

Please check (X) for the hotel options

<input type="checkbox"/>	Hotel: Phnom Penh Hotel
--------------------------	--------------------------------

Please complete the following information to make package reservations

Type of room	Number of rooms	Arrival Date (From)	Departure Date (To)
Single			
Double			
Triple			

Extra Nights: if you need extra nights, please fill in the following

Type of room	Number of rooms	Arrival Date (From)	Departure Date (To)
Single			
Double			
Triple			

Flight Details

Team Arrival	Date:	Time:	Flight No.:
Team Departure	Date:	Time:	Flight No.:

Remark: Please E-mail completed this form before **30/09 2024** to : E-mail: cmas.sea01@gmail.com

