

# CMAS

## WORLD CHAMPIONSHIP FINSWIMMING INDOOR JUNIORS 17-24 JUNE 2025



OFFICIAL PARTNERS



SPONSORS



THE LOGO

**CMAS**  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025





CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025



## ADDRESS OF CMAS PRESIDENT Ms. Anna Arzhanova

Dear athletes and passionate supporters of finswimming,

In a short time we will be on the magnificent island of Chios not only for two exceptional competition events but for a shared journey fueled by big dreams.

Athletes from various ages, countries and backgrounds will gather to celebrate their passion for Finswimming. Each one brings a unique story and their own way of finding freedom and expression beneath the water's surface.

We all know that success is more than just achieving results, it's having the courage to take the first dive, overcome obstacles and to push personal boundaries.

The bonds you form during this event may last a lifetime, serving as a reminder of the strength that lies in our differences and the inspiration we gain from one another.

I would like to extend our sincere gratitude to the Hellenic swimming Federation and the local authorities of Chios for their invaluable support. Their warm hospitality and commitment have played a crucial role in making these Championships an unforgettable experience.

The time to carve your own path is approaching, dive in with passion and let your achievements inspire us all.



CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025



## ADDRESS OF HSF PRESIDENT Mr. Kyriakos Giannopoulos

On behalf of the Hellenic Swimming Federation, it is my great pleasure to extend a warm welcome to all participants, coaches and supporters to the 2025 CMAS World Championship Finswimming Indoor Masters and the 2025 CMAS World Championship Finswimming Indoor Juniors. We are thrilled to be hosting these prestigious events this year on the enchanting island of Chios, a place that beautifully blends history, natural beauty and Greek hospitality.

Chios, renowned for its rich cultural heritage, breathtaking landscapes, and welcoming atmosphere, provides an ideal backdrop for these competitions. This island will be a memorable setting for athletes and spectators alike. You may be confident that everyone engaged in the organization is devoted to doing their best, since our Federation has a long-standing history of hosting many significant events.

This championship, with top athletes from across the globe, promises to deliver unforgettable moments and to emphasize the power of sport as a bridge for unity. We are confident that the spirit of friendly competition will be reflected throughout the event.

We look forward to welcoming you all in Greece, and we trust that your time here in Chios will not only be marked by outstanding competition but also by a rich cultural experience and nice memories. We wish you an enjoyable stay and may the competition be filled with success for all participants.



CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

## Welcome to Chios a Mediterranean Jewel!

We are delighted to welcome all participants and visitors to the CMAS World Championship Finswimming Indoor Masters & Juniors, in the enchanting island of Chios, Greece. With its rich cultural heritage, stunning natural landscapes, and world-renowned products, Chios offers a truly unique experience for all who visit.

### A Breathtaking Destination

Chios, located in the northern Aegean Sea, is a haven of beauty and history. Famous for its crystal-clear waters, charming medieval villages, and picturesque landscapes, it's the perfect setting for these prestigious events. The island is particularly famous for its mastic, a rare resin produced by the mastic trees that grow only in specific areas of Chios. Mastic has been harvested here for centuries, and it plays a key role in local culture, cuisine, and tradition.

### Chios and its Legendary Mastic

The mastic of Chios is truly unique. This aromatic resin, which has been prized for its medicinal and culinary properties since ancient times, is harvested exclusively from the island's mastic trees, particularly in the southern region of the island. Chios is the only place in the world where mastic is produced in this form, and the island's Mastic Villages – including Mesta, Pyrgi, and Vessa – are known for their centuries-old traditions surrounding its cultivation.



When you visit these villages, you'll have the chance to see how the mastic is harvested, learn about its historical significance, and even taste it in a variety of local products. From mastic-flavored ice creams and sweets to liqueurs, cheeses, and skin-care products, mastic is a fundamental part of the island's identity.

### Natural Beauty and Relaxation

Beyond its cultural heritage, Chios offers an array of breathtaking natural landscapes. You can unwind on its unspoiled beaches, such as Karfas, Mavra Volia, and Agia Dynami, where crystal-clear waters meet golden sands. The island is also perfect for nature lovers – explore its rugged hills, olive groves, and pine forests, or visit the serene Nea Moni, a UNESCO World Heritage site famous for its Byzantine mosaics.

### Cultural and Historical Heritage

Chios is also home to a wealth of historical landmarks, from ancient ruins to impressive medieval castles. Discover the Chios Archaeological Museum, the Chios Castle, and the island's medieval villages, with their unique black-and-white patterns on the houses, which reflect the island's rich cultural legacy.

SEE YOU IN CHIOS THIS JUNE!





CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

## SWIMMING POOL OF CHIOS "IONIKON"

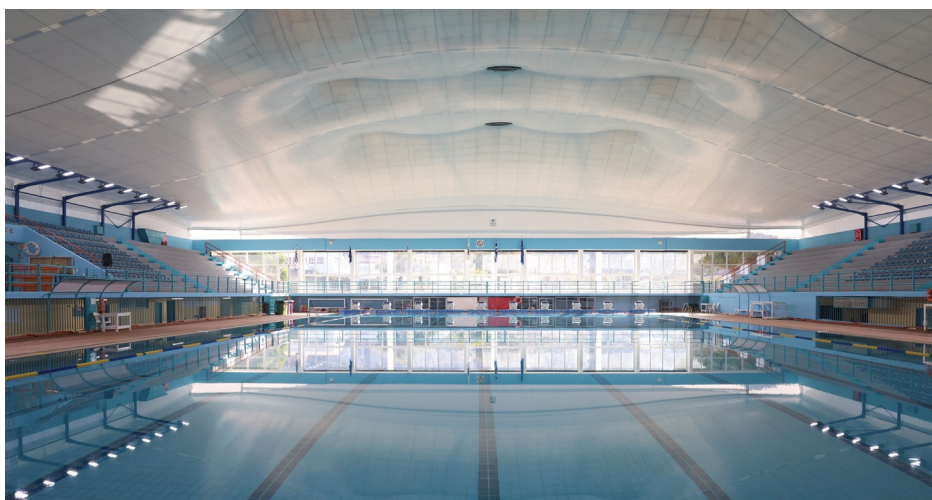


**COMPETITION POOL:** 50m Indoor

This sport complex, with a capacity of 3.000 spectators.

The indoor competition swimming pool is a 50 meters and 10 lanes pool with 2,05-2,20 meters depth, and average temperature 26o +\_1o C.

The complex also include: Four groups of dressing rooms. Each group has adequate space for 100 persons with: showers, toilets, massage and rest rooms, dressing rooms for officials, separate from athletes. It also includes numerous rooms for preparation, meetings, victory ceremonies, preparations and cafeteria.



# GENERAL INFORMATION

The Championship will take place in IONIKO Swimming Pool, Chios, Greece from 17<sup>th</sup> to 24<sup>th</sup> June 2025.

## Information about Participation

- Only participants with a CMAS license are eligible to Compete in the Championship.
- All participants should respect the championship rules, the safety conditions set by the organizers and CMAS rules and regulations.

## Swimming Pool Events

- Each country may enter no more than two (2) swimmers for each individual event and one (1) team per relay event.
- For relay races the names of the swimmers and their starting order must appear in a list submitted to the results office before the start of the session. The composition of mixed relays is with two (2) males and two (2) females and starting order is Man-Woman-Man-Woman. Any change in the fixed starting order leads to disqualification. It's possible to change the composition of the relay teams between the qualifying heats and the final.
- The entries must reach CMAS portal according the the procedure attached.
- World Championship will be carried out over a period of five (5) days and ten (10) sessions.
- The qualifying heats are scheduled in the morning and finals in the afternoon except 400m. IM, 800m.SF and 1500m.SF slow heats in the morning and fast heat in the afternoon. For this reason, it's requested that the national federations send to the CMAS HQ the official protocols of all national selection competitions in a delay of maximum two weeks after the competitions (in one of the three CMAS languages). Thus, times of enrollments of the swimmers will be checked for CMAS championships. If the protocols aren't transmitted in this deadline, the times of corresponding enrollments will be cancelled and the athletes will be engaged with time 59:59.59

## Disciplines and Distances (Male & Female)

Surface Finswimming (SF): 50m, 100m, 200m, 400m, 800m, 1500m

Apnea (AP): 50m

Immersion (IM): 100m, 200m, 400m

Bi Fins (BF): 50m, 100m, 200m, 400m

Relay: 4x50m (SF), 4x100m (SF), 4x200m (SF), 4x100m (BF mixed), 4x100m (SB mixed)



CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

## International Jury

- CMAS Technical Delegate according to the CMAS rules
- International Board of Judges according to the CMAS procedures - obligations.

## Classification & Awards

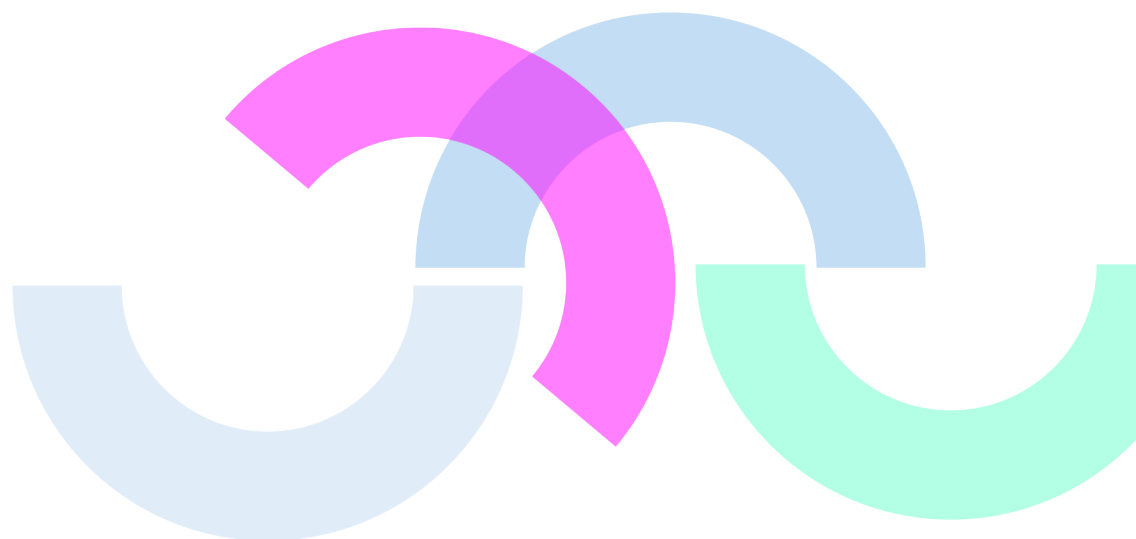
- According to the CMAS rules

## Protests

- According to the CMAS rules

## Doping Control

- The organising committee guarantees to provide doping control according to the CMAS and WADA rules.



# GENERAL INFORMATION



CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

## Bottle Filing

- Only compressed air without oxygen enrichment is allowed.
- For swimming pool competitions, the minimum volume of a compressed air cylinder (bottle) is liter 0,4 (zero point four liter) and liter 1 for 200-400IM.
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).
- When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed.
- All cylinders used must have passed a hydrostatic test less than two (2) years before the Championship, or even less if it is required by the local legislation.
- Each cylinder must be presented in good condition and empty during checking meeting before Championship.
- The organiser guarantees the filing of DYN & INT cylinders. For all other types teams must bring their own adaptor.

## Flags

Each national team must bring two (2) national flags (m. 2,00 x m. 1,00).

# GENERAL SCHEDULE

17.JUNE.2025	<i>Day 1</i>	Arrival of Delegations - Registration, Extra training
18.JUNE.2025	<i>Day 2</i>	Training - Technical Meeting - Opening Ceremony
19.JUNE.2025	<i>Day 3</i>	1 <sup>st</sup> Day of the Championship
20.JUNE.2025	<i>Day 4</i>	2 <sup>nd</sup> Day of the Championship
21.JUNE.2025	<i>Day 5</i>	3 <sup>rd</sup> Day of the Championship
22.JUNE.2025	<i>Day 6</i>	4 <sup>th</sup> Day of the Championship
23.JUNE.2025	<i>Day 7</i>	5 <sup>th</sup> Day of the Championship
24.JUNE.2025	<i>Day 8</i>	Departure of Delegations



# SCHEDULE



**CMAS**  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

## DAY 1 19th June 2025

### Morning Heats or Slow Heats

50 AP Women  
50 AP Men  
1500 SF Women (Slow Heats)  
1500 SF Men (Slow Heats)  
100 BF Women  
100 BF Men  
4x100 SF Women  
4x100 SF Men

## DAY 1 19th June 2025

### Afternoon Final or FAST HEAT

50 AP Women  
50 AP Men  
Medal Ceremony 50 AP Women  
1500 SF Women (Fast Heat)  
Medal Ceremony 50 AP Men  
1500 SF Men (Fast Heat)  
Medal Ceremony 1500 SF Women  
100 BF Women  
Medal Ceremony 1500 SF Men  
100 BF Men  
Medal Ceremony 100 BF Women  
4x100 SF Women  
Medal Ceremony 100 BF Men  
4x100 SF Men  
Medal Ceremony 4x100 SF Women  
Medal Ceremony 4x100 SF Men

## DAY 2 20th June 2025

### Morning Heats or Slow Heats

400 SF Women  
400 SF Men  
200 BF Women  
200 BF Men  
100 IM Women  
100 IM Men  
4x200 SF Women  
4x200 SF Men

## DAY 2 20th June 2025

### Afternoon Final or FAST HEAT

200 BF Women  
200 BF Men  
Medal Ceremony 200 BF Women  
100 IM Women  
Medal Ceremony 200 BF Men  
100 IM Men  
Medal Ceremony 100 IM Women  
4x200 SF Women  
Medal Ceremony 100 IM Men  
4x200 SF Men  
Medal Ceremony 4x200 SF Women  
Medal Ceremony 4x200 SF Men

## DAY 3 21th June 2025

### Morning Heats or Slow Heats

400 BF Women  
400 BF Men  
50 SF Women  
50 SF Men  
200 IM Women  
200 IM Men  
4x100 SB Mixed

## DAY 3 21th June 2025

### Afternoon Final or FAST HEAT

50 SF Women  
50 SF Men  
Medal Ceremony 50 SF Women  
200 IM Women  
Medal Ceremony 50 SF Men  
200 IM Men  
Medal Ceremony 200 IM Women  
400 SF Women  
Medal Ceremony 200 IM Men  
400 SF Men  
Medal Ceremony 400 SF Women  
4x100 SB Mixed  
Medal Ceremony 400 SF Men  
Medal Ceremony 4x100 SB Mixed

## DAY 4 22th June 2025

### Morning Heats or Slow Heats

200 SF Women  
200 SF Men  
400 IM Women (Slow heats)  
400 IM Men (Slow heats)  
4x50 SF Women  
4x50 SF Men

## DAY 4 22th June 2025

### Afternoon Final or FAST HEAT

200 SF Women  
200 SF Men  
Medal Ceremony 200 SF Women  
400 IM Women (Fast heat)  
Medal Ceremony 20 SF Men  
400 IM Men (Fast heat)  
Medal Ceremony 400 IM Women  
400 BF Women  
Medal Ceremony 400 IM Men  
400 BF Men  
Medal Ceremony 400 BF Women  
4x50 SF Women  
Medal Ceremony 400 BF Men  
4x50 SF Men  
Medal Ceremony 4x50 FB Women  
Medal Ceremony 4x50 FB Men

## DAY 5 23th June 2025

### Morning Heats or Slow Heats

100 SF Women  
100 SF Men  
50 BF Women  
50 BF Men  
800 SF Women (Slow heats)  
800 SF Men (Slow heats)  
4x100 BF Mixed

## DAY 5 23th June 2025

### Afternoon Final or FAST HEAT

100 SF Women  
100 SF Men  
Medal Ceremony 100 SF Women  
50 BF Women  
Medal Ceremony 100 SF Men  
50 BF Men  
Medal Ceremony 50 BF Women  
800 SF Women (Fast heat)  
Medal Ceremony 50 BF Men  
800 SF Men (Fast heat)  
Medal Ceremony 800 SF Women  
4x100 BF Mixed  
Medal Ceremony 800 SF Men  
Medal Ceremony 4x100 BF Mixed

# ACCOMMODATION

## BOOKING & EXTRA FEES:

From 17 to 24 June, 7 nights 1050€:

The organiser will provide:

- Full board (breakfast, lunch, dinner) accommodation in 3 and 4 stars hotel with double and triple rooms
- Providing of 2X0,5l drinking water per pax/per day.
- Free transfers between the official hotel and the swimming pool.
- Participation at the opening and the closing ceremony.
- Extra day charged at 110€ per pax/per day.
- Training Camp before championship: please contact organising committee for pool availability and conditions.

## EXTRA CHARGES:

These payments must be organised directly with the organisers

- Transfer from the Chios Airport to the official hotels and back, 40€ per pax.
- Extra charges for single rooms 45€ per pax/per night
- All teams must stay in the official hotels provided by the organisers. Participants who choose to stay out of the official hotels the participation fee will be 525€.



**CMAS**  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

### Aegean Dream Hotel

The Aegean Dream Hotel is one of the best luxurious hotels, located on the sandy beach of Karfas, 7 km from the center of the town of Chios.



### Golden Sand Hotel

Welcome to Golden Sand Hotel ROOMS & SUITES. Read more IDYLIC VIEW on the sandy beach of Karfas, in Chios.



### Sea View Resorts

This hotel in Karfas is just 100 metres from the beach and 5 km from Chios International Airport. It offers a spa with massage services, an outdoor pool and a gym.



### Erytha Hotel & Resort

The 4-star Erytha Hotel & Resort Chios is located right on the sandy beach of Karfas in Chios.



## CMAS FAMILY HOTEL



### Grecian Castle Hotel

Special accommodation in a unique mansion area, a few minutes away from the center of Chios and 300m. from Bella Vista Beach.

# ATTENTION

Late registration will not be accepted.

## PAYMENT:

Minimum 50% of the total entry fee should be deposited at out bank no later than April 15<sup>th</sup>, to guarantee the booking. After this date the participation fees will be increased by a further 10% of total amount. All fees must be paid via bank transfer. Bank information is confidential. Thus it will be sent upon your request to the email: [chiosFS2025@koe.org.gr](mailto:chiosFS2025@koe.org.gr)

## VISA:

In case of VISA needed please contact the organising committee prior two months before the championship.

## DEADLINE – CONDITION FOR ENTRY& PARTICIPATION

Registration and payment of CMAS fees on CMAS Portal.

### **No later than 19 March 2025**

**ANNEX 1:** The preliminary declaration of participation and registration form should be sent to the CMAS and Organising Committee.

### **No later than 3 May 2025**

**ANNEX 2:** Final hotel booking form and entry fee should be sent to the Organising Committee. Send also copy of “bank transfer”.

### **No later than 19 May 2025**

The competitor's must be entered online through CMAS Portal.

### **No later than 3 June 2025**

**ANNEX 3:** The list form should be sent to the organising committee.

For further information please contact

Organising Committee:

00302109851020 – 117

Official email:

[chiosFS2025@koe.org.gr](mailto:chiosFS2025@koe.org.gr)



CMAS  
WORLD CHAMPIONSHIP  
FINSWIMMING  
INDOOR JUNIORS  
17-24 JUNE 2025

