

1
05.11.2024 - 11:15

- 100

(12-13)

1.				11			46.68	1
	50m:	22.41	22.41	100m:	46.68	24.27		
2.1				11			47.34	2
	50m:	23.11	23.11	100m:	47.34	24.23		
3.1				11			47.36	2
	50m:	23.00	23.00	100m:	47.36	24.36		
4.2				12			48.11	2
	50m:	23.89	23.89	100m:	48.11	24.22		
5.1				11			49.24	2
	50m:	23.46	23.46	100m:	49.24	25.78		
6.3				12			49.73	2
	50m:	24.27	24.27	100m:	49.73	25.46		
7.3				11			50.52	3
	50m:	24.15	24.15	100m:	50.52	26.37		
8.1				11			50.57	3
	50m:	24.59	24.59	100m:	50.57	25.98		
9.2				11			50.70	3
	50m:	24.19	24.19	100m:	50.70	26.51		
10.2				11			50.79	3
	50m:	23.77	23.77	100m:	50.79	27.02		
11.3				12			51.26	3
	50m:	24.95	24.95	100m:	51.26	26.31		
12.2				11			51.42	3
	50m:	24.65	24.65	100m:	51.42	26.77		
13.2				12			52.56	3
	50m:	26.25	26.25	100m:	52.56	26.31		
14.2				11			52.69	3
	50m:	25.26	25.26	100m:	52.69	27.43		
15.3				12			53.07	3
	50m:	53.07	53.07	100m:	53.07			
16.2				12			53.35	3
	50m:	26.23	26.23	100m:	53.35	27.12		
17.3				12			53.41	3
	50m:	47.11	47.11	100m:	53.41	6.30		
18.2				12			54.17	3
	50m:	25.24	25.24	100m:	54.17	28.93		
19.2				11			55.30	1
	50m:	27.18	27.18	100m:	55.30	28.12		
20.2				12			55.33	1
	50m:	26.64	26.64	100m:	55.33	28.69		
21.3				11			55.74	1
	50m:	25.66	25.66	100m:	55.74	30.08		
22.2				11			56.11	1
	50m:	25.99	25.99	100m:	56.11	30.12		
23.3				11			56.36	1
	50m:	26.47	26.47	100m:	56.36	29.89		

1,	,			- 100	,	(12-13)	
24.2				11	-		57.50 1
50m:	27.13	27.13	100m:	57.50	30.37		
25.3				11			57.72 1
50m:	27.61	27.61	100m:	57.72	30.11		
EXH3				12			57.34 1
50m:	28.93	28.93	100m:	57.34	28.41		

2 , - 100 (15 .)
05.11.2024 - 11:30

1.				03	-		41.34
50m:	19.43	19.43	100m:	41.34	21.91		
2.				08			41.58
50m:	19.40	19.40	100m:	41.58	22.18		
3.				05	-		42.15
50m:	20.42	20.42	100m:	42.15	21.73		
4.				07	-		42.55
50m:	20.58	20.58	100m:	42.55	21.97		
5.2				07			44.34 1
50m:	44.34	44.34	100m:	44.34			
6.1				09	-		44.80 1
50m:	21.17	21.17	100m:	44.80	23.63		
7.				08			44.86 1
50m:	20.72	20.72	100m:	44.86	24.14		
8.				09			45.09 1
50m:	45.09	45.09	100m:	45.09			
9.				08			45.91 1
50m:	21.44	21.44	100m:	45.91	24.47		
10.				06			45.94 1
50m:	20.99	20.99	100m:	45.94	24.95		
11.1				09			46.11 1
50m:	21.81	21.81	100m:	46.11	24.30		
12.2				07			46.49 1
50m:	22.42	22.42	100m:	46.49	24.07		
13.2				09			47.55 2
50m:	22.37	22.37	100m:	47.55	25.18		
14.				07			49.71 2
50m:	23.86	23.86	100m:	49.71	25.85		
15.2				09			51.05 3
50m:	24.47	24.47	100m:	51.05	26.58		
16.1				09			52.80 3
50m:	26.00	26.00	100m:	52.80	26.80		
EXH2				10			52.16 3
50m:	24.75	24.75	100m:	52.16	27.41		

3 , - 100 (12-13)
05.11.2024 - 11:35

1.2				11			42.59	2
	50m:	20.36	20.36	100m:	42.59	22.23		
2.2				11			45.54	2
	50m:	45.54	45.54	100m:	45.54			
3.3				11			45.83	3
	50m:	22.02	22.02	100m:	45.83	23.81		
4.2				11			46.28	3
	50m:	22.28	22.28	100m:	46.28	24.00		
5.3				11			47.08	3
	50m:	22.60	22.60	100m:	47.08	24.48		
6.3				11			49.53	3
	50m:	23.18	23.18	100m:	49.53	26.35		
7.3				11			52.13	1
	50m:	23.89	23.89	100m:	52.13	28.24		
8.3				11			52.66	1
	50m:	52.66	52.66	100m:	52.66			
9.3				11			53.08	1
	50m:	23.97	23.97	100m:	53.08	29.11		
10.3				11			53.43	1
	50m:	25.32	25.32	100m:	53.43	28.11		
11.3				12			53.85	1
	50m:	24.80	24.80	100m:	53.85	29.05		
12.2				12			54.03	1
	50m:	25.78	25.78	100m:	54.03	28.25		
DSQ3				11			45.35	2
EXH3				12			53.86	1
	50m:	53.86	53.86	100m:	53.86			

31 , - 100 (15)
07.11.2024 - 11:00

1.				08			37.97	
2.				05			39.80	1
3.2				07			40.19	1
4.2				07			41.30	1
5.				08			41.48	1
6.				09			42.15	1
7.2				09			49.96	3

()
, 05. - 07.11.2024

32 , - 100 (15 .)
07.11.2024 - 11:05

1. 05 35.13
2. 09 37.71 1
3.2 08 46.96 1

33 , - 50 (12-13 .)
07.11.2024 - 11:10

1.1 11 21.20 2
2.1 11 21.32 2
3.2 12 21.53 2
4.3 12 21.90 2
5.1 11 21.91 2
6.2 11 22.52 2
7.1 11 22.56 2
8.2 11 22.63 2
9.3 12 23.16 3
10.3 12 23.21 3
3 12 23.21 3
12.3 11 23.36 3
13.2 11 23.40 3
14.2 12 23.83 3
15.2 12 23.85 3
16.1 11 24.06 3
17.3 11 24.67 3
18.2 11 25.13 1
19.2 12 25.23 1
20.3 11 25.85 1
DSQ2 11 25.72 1

EXH3 12 27.62 2
EXH3 12 29.16 2

34 , - 50 (15 .)
07.11.2024 - 11:15

1. 03 - 19.22
2. 07 - 19.74 1
3.2 07 19.96 1
4. - 06 20.03 1
5. 06 20.20 1
6.1 09 - 20.34 1
7. 08 20.50 1
8. 09 20.63 1
9. 08 20.66 1
10. 09 21.35 2
11. 08 21.47 2
12.1 09 21.53 2
13.1 05 21.60 2

, 05. - 07.11.2024

()

34, , - 50 , (15 .)

14.2	09	22.59	2
15.1	08	22.77	2
16.1	09	23.10	3
DSQ2	09	21.92	2
EXH2	10	23.94	3

35 , - 50 (12-13)
07.11.2024 - 11:25

1.2	11	18.99	2
2.2	11	20.40	3
3.3	11	20.64	3
4.3	11	20.89	3
5.3	11	20.98	3
6.3	11	21.29	3
7.3	11	21.98	1
8.3	11	22.33	1
9.3	12	22.86	1
10.3	11	23.07	1
11.3	11	23.45	1
12.3	11	23.62	1
13.2	12	24.55	2
DSQ2	11	21.05	3
EXH3	12	24.60	2

36 , - 50 (15 .)
07.11.2024 - 11:30

1.	05	16.50	
2.	06	16.75	
3.	08	17.14	
4.1	09	17.32	
5.1	09	17.51	1
6.	07	17.56	1
7.1	08	17.78	1
8.	09	18.10	1
9.2	08	18.44	1
10.	08	18.73	2
11.1	09	18.86	2
12.	09	18.97	2
13.3	09	19.87	2
14.2	09	20.88	3
DSQ1	09	18.24	1
EXH1	10	18.86	2
EXH2	09	21.10	3

37
07.11.2024 - 11:40

- 400

(12-13)

1.				11				3:47.21	1				
	50m:	25.12	25.12	150m:	1:21.45	28.53	250m:	2:18.60	27.91	350m:	3:17.77	29.44	
	100m:	52.92	27.80	200m:	1:50.69	29.24	300m:	2:48.33	29.73	400m:	3:47.21	29.44	
2.1				11				3:52.58	1				
	50m:	25.90	25.90	150m:	1:23.71	29.69	250m:	2:23.36	30.11	350m:	3:24.42	29.74	
	100m:	54.02	28.12	200m:	1:53.25	29.54	300m:	2:54.68	31.32	400m:	3:52.58	28.16	
3.2				11				3:56.96	2				
	50m:	25.91	25.91	150m:	1:25.03	29.69	250m:	2:26.12	30.35	350m:	3:28.32	30.98	
	100m:	55.34	29.43	200m:	1:55.77	30.74	300m:	2:57.34	31.22	400m:	3:56.96	28.64	
4.1				11				3:59.36	2				
	50m:	26.79	26.79	150m:	1:25.55	29.96	250m:	2:26.72	30.81	350m:	3:29.32	30.94	
	100m:	55.59	28.80	200m:	1:55.91	30.36	300m:	2:58.38	31.66	400m:	3:59.36	30.04	
5.2				11				4:06.49	2				
	50m:	27.63	27.63	150m:	1:31.31	32.81	250m:	2:35.07	30.89	350m:	3:38.70	31.55	
	100m:	58.50	30.87	200m:	2:04.18	32.87	300m:	3:07.15	32.08	400m:	4:06.49	27.79	
6.3				11				4:09.92	2				
	50m:	26.90	26.90	150m:	1:28.70	31.39	250m:	2:34.53	33.15	350m:	3:40.18	32.62	
	100m:	57.31	30.41	200m:	2:01.38	32.68	300m:	3:07.56	33.03	400m:	4:09.92	29.74	
7.2				12				4:10.87	3				
	50m:	28.30	28.30	150m:	1:30.75	32.10	250m:	2:34.40	31.85	350m:	3:39.43	34.78	
	100m:	58.65	30.35	200m:	2:02.55	31.80	300m:	3:04.65	30.25	400m:	4:10.87	31.44	
8.2				11				4:11.31	3				
	50m:	28.44	28.44	150m:	1:31.26	31.77	250m:	2:35.81	32.43	350m:	3:41.32	33.07	
	100m:	59.49	31.05	200m:	2:03.38	32.12	300m:	3:08.25	32.44	400m:	4:11.31	29.99	
9.3				12				4:16.97	3				
	50m:	27.20	27.20	150m:	1:31.18	33.16	250m:	2:40.11	34.73	350m:	3:47.04	33.94	
	100m:	58.02	30.82	200m:	2:05.38	34.20	300m:	3:13.10	32.99	400m:	4:16.97	29.93	
10.2				11				4:27.11	3				
	50m:	27.89	27.89	150m:	1:33.87	34.34	250m:	2:44.42	35.03	350m:	3:53.53	35.00	
	100m:	59.53	31.64	200m:	2:09.39	35.52	300m:	3:18.53	34.11	400m:	4:27.11	33.58	
11.3				12				4:33.79	1				
	50m:	28.16	28.16	150m:	1:35.51	34.64	250m:	2:48.31	37.44	350m:	4:00.17	35.03	
	100m:	1:00.87	32.71	200m:	2:10.87	35.36	300m:	3:25.14	36.83	400m:	4:33.79	33.62	
12.3				11				4:36.41	1				
	50m:	28.16	28.16	150m:	1:35.98	36.53	250m:	2:49.67	36.52	350m:	4:02.67	37.56	
	100m:	59.45	31.29	200m:	2:13.15	37.17	300m:	3:25.11	35.44	400m:	4:36.41	33.74	
13.3				11				4:43.58	1				
	50m:	29.50	29.50	150m:	1:39.13	36.05	250m:	2:53.95	37.24	350m:	4:08.75	37.74	
	100m:	1:03.08	33.58	200m:	2:16.71	37.58	300m:	3:31.01	37.06	400m:	4:43.58	34.83	

38
07.11.2024 - 11:50

- 400

(15)

1.				03				3:24.57					
	50m:	23.02	23.02	150m:	1:12.06	24.75	250m:	2:04.48	26.64	350m:	2:58.05	26.85	
	100m:	47.31	24.29	200m:	1:37.84	25.78	300m:	2:31.20	26.72	400m:	3:24.57	26.52	
2.				07				3:27.16					
	50m:	23.26	23.26	150m:	1:12.78	25.03	250m:	2:06.15	26.99	350m:	3:00.75	27.35	
	100m:	47.75	24.49	200m:	1:39.16	26.38	300m:	2:33.40	27.25	400m:	3:27.16	26.41	

, 05. - 07.11.2024

38,	,	- 400 ,	(15 .)		
3.		05	3:30.94		
50m:	23.60	23.60	150m: 1:15.14 26.43	250m: 2:08.97 27.11	350m: 3:03.62 27.13
100m:	48.71	25.11	200m: 1:41.86 26.72	300m: 2:36.49 27.52	400m: 3:30.94 27.32
4.		08	3:39.18 1		
50m:	24.19	24.19	150m: 1:17.98 27.51	250m: 2:14.47 28.49	350m: 3:11.42 28.37
100m:	50.47	26.28	200m: 1:45.98 28.00	300m: 2:43.05 28.58	400m: 3:39.18 27.76
5.		07	3:43.67 1		
50m:	25.86	25.86	150m: 1:20.35 27.27	250m: 2:17.24 28.85	350m: 3:15.65 29.22
100m:	53.08	27.22	200m: 1:48.39 28.04	300m: 2:46.43 29.19	400m: 3:43.67 28.02
6.		08	3:46.32 1		
50m:	24.61	24.61	150m: 1:20.24 28.16	250m: 2:18.32 29.34	350m: 3:17.77 29.86
100m:	52.08	27.47	200m: 1:48.98 28.74	300m: 2:47.91 29.59	400m: 3:46.32 28.55
7.1		09	3:51.65 1		
50m:	25.19	25.19	150m: 1:23.02 29.45	250m: 2:23.61 30.23	350m: 3:23.99 29.67
100m:	53.57	28.38	200m: 1:53.38 30.36	300m: 2:54.32 30.71	400m: 3:51.65 27.66
8.		09	3:53.39 2		
50m:	25.49	25.49	150m: 1:22.87 29.09	250m: 2:23.93 31.01	350m: 3:25.07 30.41
100m:	53.78	28.29	200m: 1:52.92 30.05	300m: 2:54.66 30.73	400m: 3:53.39 28.32
9.1		07	3:58.37 2		
50m:	25.98	25.98	150m: 1:24.71 29.95	250m: 2:26.81 31.16	350m: 3:28.64 30.44
100m:	54.76	28.78	200m: 1:55.65 30.94	300m: 2:58.20 31.39	400m: 3:58.37 29.73

39 , - 400 (12-13)
07.11.2024 - 12:05

1.2		11	3:37.17 2		
50m:	23.67	23.67	150m: 1:17.06 27.33	250m: 2:14.56 29.41	350m: 3:10.99 27.70
100m:	49.73	26.06	200m: 1:45.15 28.09	300m: 2:43.29 28.73	400m: 3:37.17 26.18
2.2		11	3:43.51 2		
50m:	24.41	24.41	150m: 1:19.69 28.28	250m: 2:18.96 30.04	350m: 3:18.32 29.32
100m:	51.41	27.00	200m: 1:48.92 29.23	300m: 2:49.00 30.04	400m: 3:43.51 25.19
3.3		11	3:50.95 2		
50m:	24.81	24.81	150m: 1:21.35 28.98	250m: 2:22.59 30.88	350m: 3:23.89 29.85
100m:	52.37	27.56	200m: 1:51.71 30.36	300m: 2:54.04 31.45	400m: 3:50.95 27.06
4.3		11	4:00.51 3		
50m:	27.20	27.20	150m: 1:26.25 30.22	250m: 2:29.06 31.50	350m: 3:31.20 31.04
100m:	56.03	28.83	200m: 1:57.56 31.31	300m: 3:00.16 31.10	400m: 4:00.51 29.31
5.3		12	4:10.67 3		
50m:	27.35	27.35	150m: 1:30.90 32.37	250m: 2:36.62 32.68	350m: 3:42.88 32.91
100m:	58.53	31.18	200m: 2:03.94 33.04	300m: 3:09.97 33.35	400m: 4:10.67 27.79
6.2		12	4:11.73 3		
50m:	27.09	27.09	150m: 1:28.02 30.94	250m: 2:33.16 33.29	350m: 3:41.81 34.02
100m:	57.08	29.99	200m: 1:59.87 31.85	300m: 3:07.79 34.63	400m: 4:11.73 29.92
7.2		12	4:13.62 1		
50m:	28.86	28.86	150m: 1:33.05 32.79	250m: 2:38.81 32.36	350m: 3:43.86 31.64
100m:	1:00.26	31.40	200m: 2:06.45 33.40	300m: 3:12.22 33.41	400m: 4:13.62 29.76
8.3		11	4:20.11 1		
50m:	28.21	28.21	150m: 1:32.96 33.32	250m: 2:40.70 33.45	350m: 3:48.30 33.17
100m:	59.64	31.43	200m: 2:07.25 34.29	300m: 3:15.13 34.43	400m: 4:20.11 31.81
9.3		11	4:22.32 1		
50m:	28.44	28.44	150m: 1:35.76 35.01	250m: 2:45.92 35.46	350m: 3:53.73 33.09
100m:	1:00.75	32.31	200m: 2:10.46 34.70	300m: 3:20.64 34.72	400m: 4:22.32 28.59

, 05. - 07.11.2024

39, , - 400 , (12-13)

DSQ3 11 3:43.68 2

EXH3 12 4:23.25 1

40 , - 400 (15 .)
07.11.2024 - 12:20

1. 07 3:16.86
50m: 21.62 21.62 150m: 1:09.98 24.71 250m: 2:00.63 25.12 350m: 2:51.53 25.64
100m: 45.27 23.65 200m: 1:35.51 25.53 300m: 2:25.89 25.26 400m: 3:16.86 25.33

2. 09 3:24.63 1
50m: 22.44 22.44 150m: 1:11.87 24.97 250m: 2:04.26 26.53 350m: 2:58.50 26.93
100m: 46.90 24.46 200m: 1:37.73 25.86 300m: 2:31.57 27.31 400m: 3:24.63 26.13

3. 08 3:27.24 1
50m: 23.12 23.12 150m: 1:14.73 26.66 250m: 2:08.94 27.36 350m: 3:02.99 26.71
100m: 48.07 24.95 200m: 1:41.58 26.85 300m: 2:36.28 27.34 400m: 3:27.24 24.25

4.1 09 3:36.70 2
50m: 23.02 23.02 150m: 1:16.18 27.55 250m: 2:13.48 28.74 350m: 3:10.68 28.43
100m: 48.63 25.61 200m: 1:44.74 28.56 300m: 2:42.25 28.77 400m: 3:36.70 26.02

5.1 08 3:41.45 2
50m: 22.43 22.43 150m: 1:16.32 28.42 250m: 2:15.25 29.13 350m: 3:14.05 28.84
100m: 47.90 25.47 200m: 1:46.12 29.80 300m: 2:45.21 29.96 400m: 3:41.45 27.40

6.2 09 3:42.67 2
50m: 24.37 24.37 150m: 1:19.84 28.32 250m: 2:18.48 29.21 350m: 3:16.78 28.46
100m: 51.52 27.15 200m: 1:49.27 29.43 300m: 2:48.32 29.84 400m: 3:42.67 25.89

EXH1 10 3:27.33 1
50m: 23.08 23.08 150m: 1:14.88 26.42 250m: 2:09.19 27.11 350m: 3:03.55 26.76
100m: 48.46 25.38 200m: 1:42.08 27.20 300m: 2:36.79 27.60 400m: 3:27.33 23.78

EXH1 10 3:36.29 2
50m: 24.49 24.49 150m: 1:17.46 27.30 250m: 2:14.05 28.61 350m: 3:11.18 28.26
100m: 50.16 25.67 200m: 1:45.44 27.98 300m: 2:42.92 28.87 400m: 3:36.29 25.11

EXH2 09 3:53.84 3
50m: 24.55 24.55 150m: 1:21.13 28.99 250m: 2:21.51 30.54 350m: 3:22.83 30.40
100m: 52.14 27.59 200m: 1:50.97 29.84 300m: 2:52.43 30.92 400m: 3:53.84 31.01

41 , - 400 (12-13)
07.11.2024 - 12:30

1. 11 4:08.33
50m: 27.31 27.31 150m: 1:29.20 31.82 250m: 2:34.36 32.50 350m: 3:39.80 32.75
100m: 57.38 30.07 200m: 2:01.86 32.66 300m: 3:07.05 32.69 400m: 4:08.33 28.53

2.2 12 4:29.08 2
50m: 31.73 31.73 150m: 1:38.69 33.99 250m: 2:46.52 34.03 350m: 3:56.57 35.08
100m: 1:04.70 32.97 200m: 2:12.49 33.80 300m: 3:21.49 34.97 400m: 4:29.08 32.51

3.2 11 - 4:38.16 2
50m: 29.92 29.92 150m: 1:39.75 35.75 250m: 2:51.14 35.39 350m: 4:03.57 35.73
100m: 1:04.00 34.08 200m: 2:15.75 36.00 300m: 3:27.84 36.70 400m: 4:38.16 34.59

, 05. - 07.11.2024

41, , - 400 , (12-13)

4.2 12 4:46.99 3
50m: 30.61 30.61 150m: 1:41.95 37.10 250m: 2:57.32 37.77 350m: 4:12.58 37.63
100m: 1:04.85 34.24 200m: 2:19.55 37.60 300m: 3:34.95 37.63 400m: 4:46.99 34.41

42 , - 400 (15 .)
07.11.2024 - 12:40

1. 07 3:56.50
50m: 26.88 26.88 150m: 1:26.10 30.16 250m: 2:26.81 30.24 350m: 3:27.68 30.14
100m: 55.94 29.06 200m: 1:56.57 30.47 300m: 2:57.54 30.73 400m: 3:56.50 28.82

2. 03 - 3:58.66
50m: 28.02 28.02 150m: 1:28.13 30.00 250m: 2:28.06 29.87 350m: 3:28.82 30.12
100m: 58.13 30.11 200m: 1:58.19 30.06 300m: 2:58.70 30.64 400m: 3:58.66 29.84

3. 06 4:02.01
50m: 27.38 27.38 150m: 1:27.09 30.38 250m: 2:30.04 31.65 350m: 3:33.49 31.59
100m: 56.71 29.33 200m: 1:58.39 31.30 300m: 3:01.90 31.86 400m: 4:02.01 28.52

4. 04 - 4:02.36
50m: 28.68 28.68 150m: 1:29.99 30.20 250m: 2:30.88 30.59 350m: 3:32.97 31.15
100m: 59.79 31.11 200m: 2:00.29 30.30 300m: 3:01.82 30.94 400m: 4:02.36 29.39

5. 07 - 4:05.84
50m: 27.22 27.22 150m: 1:26.83 30.29 250m: 2:28.94 31.22 350m: 3:33.73 32.44
100m: 56.54 29.32 200m: 1:57.72 30.89 300m: 3:01.29 32.35 400m: 4:05.84 32.11

6. 08 4:07.56
50m: 29.50 29.50 150m: 1:32.99 31.17 250m: 2:35.40 30.96 350m: 3:38.51 31.37
100m: 1:01.82 32.32 200m: 2:04.44 31.45 300m: 3:07.14 31.74 400m: 4:07.56 29.05

7. 08 4:08.59
50m: 27.81 27.81 150m: 1:28.37 30.62 250m: 2:31.71 32.01 350m: 3:37.31 32.68
100m: 57.75 29.94 200m: 1:59.70 31.33 300m: 3:04.63 32.92 400m: 4:08.59 31.28

8. 09 4:09.42
50m: 28.50 28.50 150m: 1:32.72 32.19 250m: 2:38.25 33.01 350m: 3:40.23 30.31
100m: 1:00.53 32.03 200m: 2:05.24 32.52 300m: 3:09.92 31.67 400m: 4:09.42 29.19

9. 09 4:11.10
50m: 29.12 29.12 150m: 1:32.10 31.66 250m: 2:36.03 32.05 350m: 3:40.09 31.70
100m: 1:00.44 31.32 200m: 2:03.98 31.88 300m: 3:08.39 32.36 400m: 4:11.10 31.01

10. 05 4:12.97 1
50m: 28.86 28.86 150m: 1:31.42 31.48 250m: 2:35.20 32.20 350m: 3:40.86 32.47
100m: 59.94 31.08 200m: 2:03.00 31.58 300m: 3:08.39 33.19 400m: 4:12.97 32.11

11.1 09 4:13.19 1
50m: 27.61 27.61 150m: 1:30.95 32.14 250m: 2:36.61 32.84 350m: 3:42.13 32.54
100m: 58.81 31.20 200m: 2:03.77 32.82 300m: 3:09.59 32.98 400m: 4:13.19 31.06

12. 08 - 4:13.39 1
50m: 28.26 28.26 150m: 1:30.09 31.30 250m: 2:34.96 32.83 350m: 3:41.07 33.21
100m: 58.79 30.53 200m: 2:02.13 32.04 300m: 3:07.86 32.90 400m: 4:13.39 32.32

13.1 07 4:14.63 1
50m: 28.46 28.46 150m: 1:33.20 32.86 250m: 2:38.13 32.17 350m: 3:43.75 32.84
100m: 1:00.34 31.88 200m: 2:05.96 32.76 300m: 3:10.91 32.78 400m: 4:14.63 30.88

14.1 09 4:15.22 1
50m: 27.64 27.64 150m: 1:30.79 32.00 250m: 2:37.20 33.48 350m: 3:44.75 33.67
100m: 58.79 31.15 200m: 2:03.72 32.93 300m: 3:11.08 33.88 400m: 4:15.22 30.47

15. 07 4:15.43 1
50m: 29.04 29.04 150m: 1:33.32 32.16 250m: 2:38.16 32.43 350m: 3:43.38 32.38
100m: 1:01.16 32.12 200m: 2:05.73 32.41 300m: 3:11.00 32.84 400m: 4:15.43 32.05

, 05. - 07.11.2024

42, , - 400 , (15 .)

16.2			09			4:17.08	1					
	50m:	29.59	29.59	150m:	1:33.78	32.35	250m:	2:39.91	32.77	350m:	3:46.15	32.59
	100m:	1:01.43	31.84	200m:	2:07.14	33.36	300m:	3:13.56	33.65	400m:	4:17.08	30.93
17.			08				4:20.20	1				
	50m:	28.44	28.44	150m:	1:30.18	30.98	250m:	2:35.39	33.36	350m:	3:45.85	35.63
	100m:	59.20	30.76	200m:	2:02.03	31.85	300m:	3:10.22	34.83	400m:	4:20.20	34.35
18.			08				4:20.80	1				
	50m:	28.66	28.66	150m:	1:35.06	33.72	250m:	2:43.59	34.53	350m:	3:50.97	33.30
	100m:	1:01.34	32.68	200m:	2:09.06	34.00	300m:	3:17.67	34.08	400m:	4:20.80	29.83
19.1			09				4:26.98	1				
	50m:	30.01	30.01	150m:	1:36.54	33.36	250m:	2:45.10	34.42	350m:	3:54.12	34.40
	100m:	1:03.18	33.17	200m:	2:10.68	34.14	300m:	3:19.72	34.62	400m:	4:26.98	32.86
20.1			09				4:29.18	2				
	50m:	30.18	30.18	150m:	1:38.22	34.20	250m:	2:48.13	35.06	350m:	3:57.66	34.76
	100m:	1:04.02	33.84	200m:	2:13.07	34.85	300m:	3:22.90	34.77	400m:	4:29.18	31.52
21.1			09				4:37.28	2				
	50m:	30.88	30.88	150m:	1:40.76	35.95	250m:	2:52.35	35.96	350m:	4:03.57	35.40
	100m:	1:04.81	33.93	200m:	2:16.39	35.63	300m:	3:28.17	35.82	400m:	4:37.28	33.71
22.			07				4:41.69	2				
	50m:	31.12	31.12	150m:	1:40.80	35.66	250m:	2:54.32	36.78	350m:	4:07.32	36.45
	100m:	1:05.14	34.02	200m:	2:17.54	36.74	300m:	3:30.87	36.55	400m:	4:41.69	34.37
EXH2			10				4:47.79	3				
	50m:	30.95	30.95	150m:	1:44.57	38.07	250m:	3:00.07	37.65	350m:	4:13.65	36.88
	100m:	1:06.50	35.55	200m:	2:22.42	37.85	300m:	3:36.77	36.70	400m:	4:47.79	34.14

43 , - 400 (12-13)

07.11.2024 - 13:00

1.1			11	-			3:58.91	1				
	50m:	24.90	24.90	150m:	1:24.10	30.18	250m:	2:26.54	31.47	350m:	3:29.56	31.32
	100m:	53.92	29.02	200m:	1:55.07	30.97	300m:	2:58.24	31.70	400m:	3:58.91	29.35
2.2			11	-			4:18.86	2				
	50m:	25.89	25.89	150m:	1:29.27	33.35	250m:	2:38.21	34.52	350m:	3:47.02	34.38
	100m:	55.92	30.03	200m:	2:03.69	34.42	300m:	3:12.64	34.43	400m:	4:18.86	31.84
3.2			11				4:23.62	2				
	50m:	27.33	27.33	150m:	1:31.00	32.88	250m:	2:40.76	35.28	350m:	3:50.84	35.15
	100m:	58.12	30.79	200m:	2:05.48	34.48	300m:	3:15.69	34.93	400m:	4:23.62	32.78
4.3			11				4:30.88	3				
	50m:	28.34	28.34	150m:	1:35.46	34.63	250m:	2:47.41	35.84	350m:	3:58.17	34.94
	100m:	1:00.83	32.49	200m:	2:11.57	36.11	300m:	3:23.23	35.82	400m:	4:30.88	32.71
5.3			11				4:34.67	3				
	50m:	32.97	32.97	150m:	1:43.92	36.13	250m:	2:54.93	35.41	350m:	4:04.10	33.89
	100m:	1:07.79	34.82	200m:	2:19.52	35.60	300m:	3:30.21	35.28	400m:	4:34.67	30.57
6.3			11				4:40.34	3				
	50m:	28.14	28.14	150m:	1:37.18	35.95	250m:	2:52.63	37.41	350m:	4:06.38	36.23
	100m:	1:01.23	33.09	200m:	2:15.22	38.04	300m:	3:30.15	37.52	400m:	4:40.34	33.96

44
07.11.2024 - 13:05

- 400

(15 .)

1.				08			3:40.44					
	50m:	24.69	24.69	150m:	1:20.89	28.77	250m:	2:17.46	27.91	350m:	3:13.37	27.67
	100m:	52.12	27.43	200m:	1:49.55	28.66	300m:	2:45.70	28.24	400m:	3:40.44	27.07
2.				07			3:43.95					
	50m:	25.34	25.34	150m:	1:21.22	27.87	250m:	2:17.67	27.84	350m:	3:15.55	29.30
	100m:	53.35	28.01	200m:	1:49.83	28.61	300m:	2:46.25	28.58	400m:	3:43.95	28.40
3.				08			3:49.72					
	50m:	25.35	25.35	150m:	1:21.53	28.44	250m:	2:20.13	29.67	350m:	3:20.17	29.98
	100m:	53.09	27.74	200m:	1:50.46	28.93	300m:	2:50.19	30.06	400m:	3:49.72	29.55
4.				06			3:50.42					
	50m:	27.01	27.01	150m:	1:24.35	28.86	250m:	2:23.46	29.77	350m:	3:22.19	29.97
	100m:	55.49	28.48	200m:	1:53.69	29.34	300m:	2:52.22	28.76	400m:	3:50.42	28.23
5.2				08			3:52.70					
	50m:	27.06	27.06	150m:	1:26.46	30.09	250m:	2:27.28	30.35	350m:	3:25.14	28.62
	100m:	56.37	29.31	200m:	1:56.93	30.47	300m:	2:56.52	29.24	400m:	3:52.70	27.56
6.1				08			3:54.57					
	50m:	27.14	27.14	150m:	1:26.77	29.92	250m:	2:26.96	29.94	350m:	3:27.06	29.79
	100m:	56.85	29.71	200m:	1:57.02	30.25	300m:	2:57.27	30.31	400m:	3:54.57	27.51
7.				06			3:55.58					
	50m:	26.75	26.75	150m:	1:25.12	29.72	250m:	2:25.79	30.50	350m:	3:27.47	30.81
	100m:	55.40	28.65	200m:	1:55.29	30.17	300m:	2:56.66	30.87	400m:	3:55.58	28.11
8.				09			3:55.68					
	50m:	26.46	26.46	150m:	1:25.72	30.05	250m:	2:27.05	30.49	350m:	3:27.25	29.81
	100m:	55.67	29.21	200m:	1:56.56	30.84	300m:	2:57.44	30.39	400m:	3:55.68	28.43
9.1				09			3:58.54					
	50m:	25.40	25.40	150m:	1:25.26	30.74	250m:	2:29.05	31.78	350m:	3:31.43	30.66
	100m:	54.52	29.12	200m:	1:57.27	32.01	300m:	3:00.77	31.72	400m:	3:58.54	27.11
10.1				08			4:00.06					
	50m:	26.46	26.46	150m:	1:25.60	30.15	250m:	2:26.21	30.43	350m:	3:28.97	31.25
	100m:	55.45	28.99	200m:	1:55.78	30.18	300m:	2:57.72	31.51	400m:	4:00.06	31.09
11.				07			4:01.61					
	50m:	26.26	26.26	150m:	1:26.43	30.47	250m:	2:28.71	31.13	350m:	3:31.68	31.41
	100m:	55.96	29.70	200m:	1:57.58	31.15	300m:	3:00.27	31.56	400m:	4:01.61	29.93
12.1				08			4:06.28					
	50m:	26.43	26.43	150m:	1:28.56	31.18	250m:	2:32.45	32.40	350m:	3:36.84	31.70
	100m:	57.38	30.95	200m:	2:00.05	31.49	300m:	3:05.14	32.69	400m:	4:06.28	29.44
13.2				09			4:08.32					
	50m:	26.83	26.83	150m:	1:27.50	31.12	250m:	2:32.44	32.94	350m:	3:37.72	32.55
	100m:	56.38	29.55	200m:	1:59.50	32.00	300m:	3:05.17	32.73	400m:	4:08.32	30.60
14.				04			4:10.88					
	50m:	25.99	25.99	150m:	1:26.93	31.31	250m:	2:32.48	33.56	350m:	3:39.82	33.47
	100m:	55.62	29.63	200m:	1:58.92	31.99	300m:	3:06.35	33.87	400m:	4:10.88	31.06
15.2				08			4:32.45					
	50m:	27.84	27.84	150m:	1:35.32	34.33	250m:	2:47.88	35.92	350m:	4:01.49	36.34
	100m:	1:00.99	33.15	200m:	2:11.96	36.64	300m:	3:25.15	37.27	400m:	4:32.45	30.96
16.2				07			4:32.54					
	50m:	29.88	29.88	150m:	1:37.76	33.69	250m:	2:47.98	35.15	350m:	4:00.33	36.12
	100m:	1:04.07	34.19	200m:	2:12.83	35.07	300m:	3:24.21	36.23	400m:	4:32.54	32.21
DSQ				06			3:37.89					

44, , - 400

EXH2

			09			4:16.24				
50m:	26.20	26.20	150m:	1:27.56	31.59	250m:	2:34.21	33.82	350m:	3:43.52 34.31
100m:	55.97	29.77	200m:	2:00.39	32.83	300m:	3:09.21	35.00	400m:	4:16.24 32.72