



















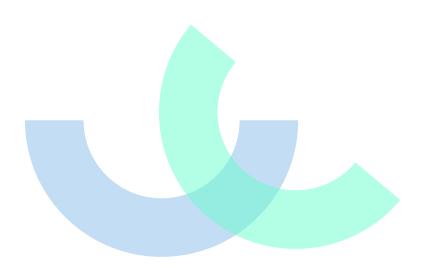


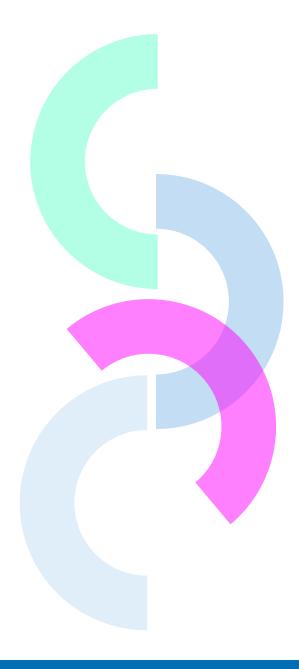






CMAS
WORLD CHAMPIONSHIP
FINSWIMMING
INDOOR MASTERS
13-16 JUNE 2025







# ADDRESS OF CMAS PRESIDENT Ms. Anna Arzhanova

Dear athletes and passionate supporters of finswimming,

In a short time we will be on the magnificent island of Chios not only for two exceptional competition events but for a shared journey fueled by big dreams.

Athletes from various ages, countries and backrounds will gather to celebrate their passion for Finswimming. Each one brings a unique story and their own way of finding freedom and expression beneath the water's surface.

We all know that success is more than just achieving results, it's having the courage to take the first dive, o overcome obstacles and to push personal boundaries.

The bonds you form during this event may last a lifetime, serving as a reminder of the strength that lies in our differences and the inspiration we gain from one another.

I would like to extend our sincere gratitude to the Hellenic swimming Federation and the local authorities of Chios for their invaluable support. Their warm hospitality and commitment have played a crucial role in making these Championships an unforgettable experience.

The time to carve your own path is approaching, dive in with passion and let your achievements inspire us all.





# ADDRESS OF HSF PRESIDENT Mr. Kyriakos Giannopoulos

On behalf of the Hellenic Swimming Federation, it is my great pleasure to extend a warm welcome to all participants, coaches and supporters to the 2025 CMAS World Championship Finswimming Indoor Masters and the 2025 CMAS World Championship Finswimming Indoor Juniors. We are thrilled to be hosting these prestigious events this year on the enchanting island of Chios, a place that beautifully blends history, natural beauty and Greek hospitality.

Chios, renowned for its rich cultural heritage, breathtaking landscapes, and welcoming atmosphere, provides an ideal backdrop for these competitions. This island will be a memorable setting for athletes and spectators alike. You may be confident that everyone engaged in the organization is devoted to doing their best, since our Federation has a long-standing history of hosting many significant events.

This championship, with top athletes from across the globe, promises to deliver unforgettable moments and to emphasize the power of sport as a bridge for unity. We are confident that the spirit of friendly competition will be reflected throughout the event.

We look forward to welcoming you all in Greece, and we trust that your time here in Chios will not only be marked by outstanding competition but also by a rich cultural experience and nice memories. We wish you an enjoyable stay and may the competition be filled with success for all participants.



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# Welcome to Chios a Mediterranean Jewel!

We are delighted to welcome all participants and visitors to the CMAS World Championship Finswimming Indoor Masters & Juniors, in the enchanting island of Chios, Greece. With its rich cultural heritage, stunning natural landscapes, and world-renowned products, Chios offers a truly unique experience for all who visit.

#### A Breathtaking Destination

Chios, located in the northern Aegean Sea, is a haven of beauty and history. Famous for its crystal-clear waters, charming medieval villages, and picturesque landscapes, it's the perfect setting for these prestigious events. The island is particularly famous for its mastic, a rare resin produced by the mastic trees that grow only in specific areas of Chios. Mastic has been harvested here for centuries, and it plays a key role in local culture, cuisine, and tradition.

#### Chios and its Legendary Mastic

The mastic of Chios is truly unique. This aromatic resin, which has been prized for its medicinal and culinary properties since ancient times, is harvested exclusively from the island's mastic trees, particularly in the southern region of the island. Chios is the only place in the world where mastic is produced in this form, and the island's Mastic Villages – including Mesta, Pyrgi, and Vessa – are known for their centuries-old traditions surrounding its cultivation.



When you visit these villages, you'll have the chance to see how the mastic is harvested, learn about its historical significance, and even taste it in a variety of local products. From mastic-flavored ice creams and sweets to liqueurs, cheeses, and skin-care products, mastic is a fundamental part of the island's identity.

#### Natural Beauty and Relaxation

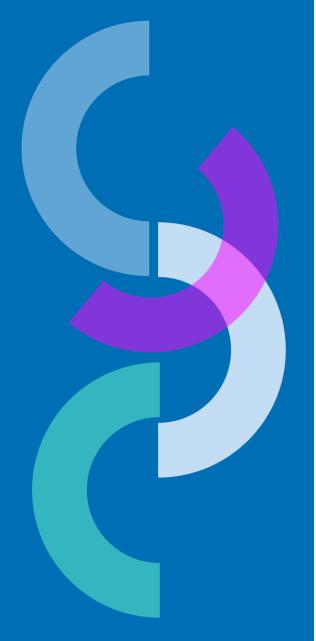
Beyond its cultural heritage, Chios offers an array of breathtaking natural landscapes. You can unwind on its unspoiled beaches, such as Karfas, Mavra Volia, and Agia Dynami, where crystal-clear waters meet golden sands. The island is also perfect for nature lovers – explore its rugged hills, olive groves, and pine forests, or visit the serene Nea Moni, a UNESCO World Heritage site famous for its Byzantine mosaics.

#### Cultural and Historical Heritage

Chios is also home to a wealth of historical landmarks, from ancient ruins to impressive medieval castles. Discover the Chios Archaeological Museum, the Chios Castle, and the island's medieval villages, with their unique black-and-white patterns on the houses, which reflect the island's rich cultural legacy.

SEE YOU IN (HIOS THIS JUNE!





# SWIMMING POOL OF CHIOS "IONIKON"





COMPETITION POOL: 50m Indoor
This sport complex, with a capacity of 3.000 spectators.
The indoor competition swimming pool is a 50 meters and 10 lanes pool with 2,05-2,20 meters debth, and average temprature 260 +\_10 C.

The complex also include: Four groups of dressing rooms.

Each group has adequate space for 100 persons with: showers, toilets, massage and rest rooms, dressing rooms for officials, separate from athletes. It also includes numerous rooms for preparation, meetings, victory ceremonies, preparations and cafeteria.



# **GENERAL INFORMATION**

- The Championship will take place in IONIKO Swimming Pool, Chios, Greece from 13<sup>th</sup> to 16<sup>th</sup> June 2025.
- Only participants with a CMAS license are eligible to Compete in the Championship.
- All participants should respect the championship rules, the safety conditions set by the organizers and CMAS rules and regulations.

#### Information about Participation

- 1. General principles of CMAS Masters' Finswimming Championships
- 1.1 The CMAS general rules and CMAS Finswimming rules will be applied.
- 1.2 The participants shall register only individually or as persons representing clubs. No swimmer or team may be designated as representing a country, but a label of Federal Team is authorized.
- 1.3 Since federal or club teams are not national ones, a club or a federation can present more than one relay team in each age group.
- 1.4 During CMAS Master's competitions and championships, swimmers must swim exclusively in their age category and cannot compete in any other category.
- 2. Master age groups
- 2.1 Each athlete is registered for the individual events in his related age category: M30+, M40+, M50+, M60+, M70+, M80+.
- 2.2 The relays' categories are:

|      | Sum of ages (from-to) |     |
|------|-----------------------|-----|
| R140 | 140                   | 179 |
| R180 | 180                   | 219 |
| R220 | 220                   | 259 |
| R260 | 260                   | +   |

#### Disciplines and Distances (Male & Female)

Surface Finswimming (SF): 50, 100, 200, 400, 800 Apnea (AP): 50 Bi Fins (BF):50, 100, 200, 400 Relays: 4x50 (SF mixed), 4x100 (SB mixed)

- The maximum number of enrolments for each participant is 6 (six) for individual races.
- All members of a masters' relay must belong to the masters' category i.e., be at least 30 years old.
- The starting order for mixed relays is man woman man woman.
- A master swimmer may participate in only one relay per session.

#### International Jury

- CMAS Technical Delegate according to the CMAS rules.
- International Board of Judges according to the CMAS procedures obligations.

#### Classification & Awards

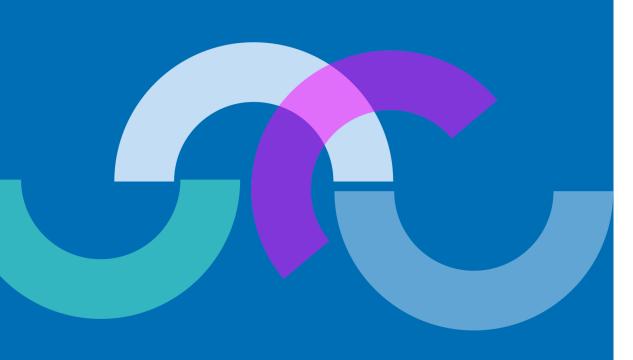
- There will be awarded gold, silver and bronze medals for each distance in individual races and for each relay, for each age group for men and women (or mixed teams).

#### **Protests**

- According to the CMAS rules

## **Doping Control**

- The organising committee guarantees to provide doping control according to the CMAS and WADA rules.



# **GENERAL SCHEDULE**

Day 1 Arrival of Delegations - Registration, Training Technical Meeting - Opening Ceremony

14.JUNE.2025  $\mathcal{D}$ ay 2 1st Day of the Championship

15.JUNE.2025  $\mathcal{D}$ ay 3  $2^{nd}$  Day of the Championship

16.JUNE.2025 Day 4 Departure of Delegations



# **SCHEDULE**

## DAY 1 14th June 2025

## Morning Session

50 SF Men

50 SF Women

100 BF Men

100 BF Women

400 SF Men

400 SF Women

**Medal Ceremony** 

at the end of the session

## DAY 1 14th June 2025

## Afternoon Session

800 SF Men

800 SF Women

50 BF Men

50 BF Women

4X100 SF mixed

Medal Ceremony

at the end of the session

## DAY 2 15th June 2025

## Morning Session

50 AP Men

50 AP Women

400 BF Men

400 BF Women

200 SF Men

200 SF Women

**Medal Ceremony** 

at the end of the session

## DAY 2 15th June 2025

## Afternoon Session

100 SF Men

100 SF Women

200 BF Men

200 BF Women

4X100 SB mixed

Medal Ceremony

at the end of the session

# **EXTRA FEES**

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The Chios 2025 organising committee do not provide accommodation package for the CMAS 2025 World Championship Finswimming Indoor Masters. Organisation Fees for participation the championship 150€ per pax.

#### The participation package includes:

- 2x0,5 l drinking water per person, per day.
- Participation in the opening and closing ceremonies with gala dinner.
- One T-shirt per participant.

# **ACCOMMODATION OPTIONS**

For more information, please contact directly the corresponding hotel.

#### Grecian Castle Hotel

Special accommodation in a unique mansion area, a few minutes away from the center of Chios and 300m. from Bella Vista Beach.



#### Aegean Dream Hotel

The Aegean Dream Hotel is one of the best luxurious hotels, located on the sandy beach of Karfas, 7 km from the center of the town of Chios.



#### Golden Sand Hotel

Welcome to Golden Sand Hotel ROOMS & SUITES Read more IDYLLIC VIEW on the sandy beach of Karfas, in Chios.



## Sea View Resorts

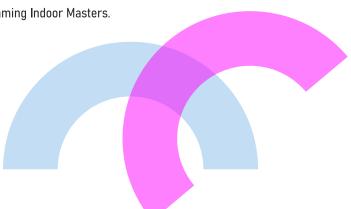
This hotel in Karfas is just 100 metres from the beach and 5 km from Chios International Airport. It offers a spa with massage services, an outdoor pool and a gym.



#### Erytha Hotel & Resort

The 4-star Erytha Hotel & Resort Chios is located right on the sandy beach of Karfas in Chios.







# **ATTENTION**

Please note the following instructions regarding registration since all data of CMAS sports are stored in the CMAS sport database managed by CMAS Portal.

#### FEES OF REGISTRATION

Each competitor must, in order to participate, pay the CMAS fees, fixed annually by CMAS.

51€ for participation fees (include annually temporary license). Please note that the names of relay members must be entered during the registration process on the basis of individual registration even if they swim only in relay and even if, according to the rules, the composition of relays can be changed on site before the beginning of the competition. These fees will be paid only at the end of the registration process online by credit card.

#### **DEADLINES**

For registration of events, go to the website CMAS Portal.

Penalties will be applied after closing date for late registration or modification of individual events or relays of clubs. On the closing date for individual and club relays, a statement of all registrations will be sent to all National Federations for an opportunity to register federal relays.



## DEADLINE - CONDITION FOR ENTRY& PARTICIPATION

Registration and payment of CMAS fees on CMAS Portal.

#### No later than 19 March 2025

ANNEX 1: The preliminary declaration of participation and registration form should be sent to the CMAS and Organising Committee.

#### No later than 19 May 2025

The competitor's must be entered online through CMAS Portal.

#### No later than 30 May 2025

ANNEX 3: The list form should be sent to the organising committee.

For further information please contact Organising Committee: 00302109851020 - 117 Official email: chiosFS2025@koe.org.gr

