

Cairo Winter 2025 - 28-Jan-25 to 06-Feb-25

Results

Event 31 Women 14-15 100 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Hana Mohamed Saeed	15	Bank Ahly Cairo	46.20	45.81	75
2 Nada Mostafa Ragab Rashad	15	Enppi	46.79	46.32	69
3 Alya Ahmed Sadky	15	Wadi Degla	NT	46.53	63
4 Hana Khaled ElHussin	15	Police	47.31	46.92	58.50
5 Raghda Eslam Amin Salamaa	15	Bank Ahly Cairo	46.75	47.04	54
6 Saja Mohamed Abd Elazez	15	Nasr Club	NT	47.93	49.50
7 Habiba Mahmoud Ali	14	Nasr Club	50.18	48.43	45
8 Jana Karim Abdelhalim	14	Wadi Degla	48.53	48.64	40.50
9 Lily Mohamed Salah Eldin	15	Enppi	NT	48.96	36
10 Retal Ahmed Eisa	14	Ghaba	48.40	49.09	33
11 Login Abd Elall Mohamed	15	Ghaba	47.87	49.17	30
12 Malak Mohamed Nasr	14	Ghaba	47.51	49.50	27
13 Dana Ahmed Mohamed Abd ElGh	15	Enppi	NT	49.78	24
14 Alia Mohamed Helmy	14	EG Swaim	51.76	50.11	21
15 Gomana ElSayed Hamdy	15	Army Club	49.06	50.56	18
16 Malak Mohamed Elsayed abu	14	Bank Ahly Cairo	50.65	50.60	15
17 Arwa Ayman Mostafa	14	Nasr Club	NT	50.62	12
*18 Amna Moustafa Mohamed	14	Nasr Club	50.57	x50.85	
*18 Jody Mohamed Rafeek	14	Army Club	1:01.01	50.85	10.50
20 Rana Shreef Osman	15	Sharks Team	NT	51.10	9
21 Laila Yasar Mohamed Abdalh	14	ElGezira Youth	55.46	51.14	7.50
22 Asinat Ahmed Mohamed Shaabar	15	TM Acd	51.65	51.26	6
23 Login Essam Salem	15	Sharks Team	NT	52.06	4.50
24 Jana Amr Mohamed	15	Ghaba	50.95	x52.31	
25 Nada Gamal Mohamed	15	Ghaba	NT	x52.42	
26 Salma Rabea Marzouk	15	TM Acd	NT	52.98	3
27 Nour Waled Ahmed Saber	15	Ghaba	54.65	x53.01	
28 Malak Magdy Fathy Elsayed	15	Sharks Team	NT	53.09	1.50
29 Mariam Wael Fahim	15	ElGezira Youth	51.81	53.15	
30 Mariam Ahmed Saed El Sayed	14	ElGezira Youth	54.90	53.23	
31 Jana Moustafa Daiab	15	Police	NT	53.50	
32 Arwa Wael Qorani	15	Nasr Club	56.90	x53.68	
33 Leyan Hassan Ahmed	14	Sharks Team	NT	x53.90	
34 Malak Osama Mohamed	14	Ghaba	NT	x53.96	
35 Farida Mohamed Gamal	14	Nasr Club	NT	x53.98	
36 Toqa Nashat Mohamed Fathy	15	Ghaba	NT	x54.14	
37 Lamies Sayed Ahmed	14	ElGezira Youth	57.45	x54.32	
38 Sama Amr Mohamed Abdaal	14	Nasr Club	NT	x54.56	
39 Lamis Hosam Mahmoud AbdEl	15	ElGezira Youth	NT	x54.57	
40 Remas Rafik Saber	14	Ghaba	NT	x54.67	
41 Joud Ahmed Hassanen Moham	14	ElGezira Youth	52.81	x54.68	
42 Login Mohamed Mansor	15	Police	54.06	55.29	
43 Mirola Magid Waheb	14	Army Club	54.76	55.34	
44 Roqaia Ahmed Amin Ashmawy	14	Nasr Club	55.96	x55.37	
45 Olaa Amr Foad	15	El-Obour	54.40	55.45	
46 Sajaa Mhamed Fawzy	15	Ultimate	1:00.87	55.50	
47 Zeinb Ahmed Sayed	15	Ghaba	NT	x55.61	
48 Farida Ahmed Maher	15	Nasr Club	NT	x56.12	
49 Alia Walid Mahmoud	14	Meg Acd	53.96	56.20	
50 Rahma Sayed AbdElFatah	15	Police	NT	x56.31	
51 Halaa Mohamed Sabry Mohame	15	Nasr Club	NT	x56.46	

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Name	Age	Team	Seed Time	Finals Time	Points
52 Gana Ahmed Fakry	15	Meg Acd	NT	56.53	
53 Retaj Ahmed Shukri	15	El-Amira Youth	NT	57.06	
54 Sally Khalid Abd Elmaksod	15	Green Hills Club	NT	57.09	
55 Habiba Hamad Mohamed Hamad	15	Enppi	56.34	x57.15	
56 Judy Mohamed Shaalan	14	Wadi Degla	59.85	57.29	
57 Habiba Mohamed Ahmed Moham	15	Ghaba	NT	x57.35	
58 Malak Khaled Saleh Ibrahim	15	Tyran Club	NT	57.43	
*59 Rama Gamal Abd El Razzaq	14	Army Club	55.39	x57.45	
*59 Basmala Sayed Fadal Adham	14	Nasr Club	58.09	x57.45	
61 Rodina Ahmed Mohmeed	14	Army Club	57.60	x57.67	
62 Youmna Tarek Eldawi	14	Nasr Club	59.70	x57.73	
63 Kenzy Ayman Saeed	14	Army Club	56.53	x57.78	
64 Saja Mohamed Fargaaly	15	Wadi Degla	58.32	x58.14	
65 Joudy Mohamed Fahem	14	Nasr Club	57.84	x58.21	
66 Hanan Mahmoud Ali Mohmoud	14	ElGezira Youth	58.14	x58.34	
67 Lojain Nabil Fawzy	15	El-Obour	59.89	58.86	
68 Yomna Khaled Saied	15	Sharks Team	NT	x59.54	
69 Joody Wael Ahmed Fahmy	14	Ghaba	58.26	x59.59	
70 Shahd Kamel Mohamed	14	Army Club	NT	x59.64	
71 Lojayna Yasser Abdelfatah	14	Nasr Club	NT	x59.79	
72 Lily Elsayed Sami	14	Nasr Club	57.23	x1:00.07	
73 Mariam Ahmed Mahmoud Sharav	14	ElGezira Youth	1:03.75	x1:00.12	
74 Hana Mohamed Ismail	14	Meg Acd	NT	1:00.17	
75 Nour Samy Mohamed	15	Wadi Degla	NT	x1:00.21	
76 Farah Ashraf Shehab	14	Tyran Club	1:00.06	1:00.42	
77 Mayar Abdullah Al Maghawry	14	Meg Acd	NT	x1:00.71	
78 Mariam Hany	15	El Seka El Hadid	NT	1:00.81	
79 Mariam Moustafa Mohamed	15	El-Obour	1:01.93	1:01.25	
80 Jowairia Ahmed Abd ElRazik ElH:	14	TM Acd	NT	1:01.84	
81 Farida Aly Ahmed Mohamed	14	El Mekaweloun	NT	1:01.98	
82 Rdyna Ahmed Ashraf	14	Sharks Team	NT	x1:02.00	
*83 Malak Ehab Hassen	14	Ghaba	1:04.64	x1:02.01	
*83 Zina Selim Magdy	14	Nasr Club	57.40	x1:02.01	
85 Remas Eslam Hassen	14	Tyran Club	NT	1:02.25	
86 Wessam Tarek Yahya abd Elga	14	ElGezira Youth	59.18	x1:02.34	
87 Rital Ahmed Hany	14	Shooting Cairo	NT	1:02.64	
88 Arwa Mohamed Salah	14	El-Obour	1:00.90	x1:02.78	
89 Malak Nabil Hosny	14	Nasr Club	NT	x1:03.17	
90 Esraa Yasser Sabry	14	ard El Liwaa	NT	1:04.00	
91 Doha Ali Aref	14	Al-Daher	NT	1:04.79	
92 Hala Omar Mohamed	14	Andlus Youth	NT	1:04.82	
93 Malak Mohamed Sobhy Mohame	14	Tyran Club	1:04.04	x1:04.90	
94 Sondos Sameh Saad	14	Al-Talbia	NT	1:05.92	
95 Rodina Fadel Abdellah	14	Meg Acd	1:07.51	x1:06.26	
96 Shams Ahmed Moustafa	14	Wadi Degla	NT	x1:06.28	
97 Malak Sayed Mohamed Hussin	14	Nasr Club	1:06.95	x1:06.73	
98 Alyaa Tamer Mohamed	14	Sharks Team	NT	x1:07.12	
99 Laila Mohamed Ahmed	14	Police	NT	x1:09.14	
--- Maiven Mena	14	EG Swaim	NT	DQ	
--- Jana Sameh Mohamed	15	Army Club	NT	NS	
--- Khadij Mahamoud Abd-elmonam	15	Ghaba	NT	NS	
--- Marticia George Gad Allah	15	Army Club	NT	NS	

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Name	Age	Team	Seed Time	Finals Time	Points
--- Malak Mahmoud Mohamed Saed	14	Tyran Club	1:00.65	NS	
--- Joudy Alaa Hamdy Farghaly	15	Wadi Degla	NT	NS	
--- Jaseka Tamer	14	Ghaba	59.98	NS	
--- Roaa Nasr Hassan	15	El-Obour	1:01.73	NS	
--- Tolay 5 Mina Adel	14	Shooting Cairo	51.79	NS	
--- Mna Mohamed	15	El-Obour	NT	NS	
--- Renad Mohamed Magdy	15	Meg Acd	NT	NS	

Event 31 Women 16-17 100 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Mariam Mohamed Helmy	16	Enppi	44.00	42.73	75
2 Renad Tamer Shaaban	17	Enppi	44.09	43.93	69
3 Retag Ihab Mohamed	16	Bank Ahly Cairo	45.43	44.68	63
4 Farah Wail El Maadawy	17	Bank Ahly Cairo	45.18	45.64	58.50
5 Malk Mohamed Abouelela	16	Nasr Club	NT	46.04	54
6 Mentallah Ahmed Abd ElWahab	17	ElGezira Youth	46.43	47.15	49.50
7 Rokaya Essam Goda Abd ElWahab	16	Enppi	NT	47.67	45
8 Basmala Wael Ahmed Mohamed	17	Wadi Degla	47.89	47.85	40.50
9 Noor Osama Mohamed	16	Nasr Club	47.93	47.90	36
10 Jana amr Kamal	17	Wadi Degla	49.14	48.67	33
11 Malak Mohamed Maher	16	Nasr Club	47.53	48.68	30
12 Roaa Baher Fathy Abdelham	17	Sharks Team	47.54	48.71	27
13 Sara Mohamed Elsonosy	16	Nasr Club	NT	x49.31	
14 Basant Samy Abdallah	16	Nasr Club	NT	x49.70	
15 Malak Alaa Aldin Khlousy	17	Police	NT	49.75	24
16 Mai Ahmed Sayed Abdel Mo	17	Army Club	51.00	49.78	21
17 Raqia Raafat Abdulmutallab	16	El-Obour	NT	49.82	18
18 Maram Mohamed Abdallah	16	Enppi	NT	x49.86	
19 Roqia Ibrahim Tawhed	17	Army Club	NT	49.92	15
20 Khadija Khaled Naeem ElDeeb	16	Wadi Degla	NT	50.10	12
21 Judy Ebrahim Atef	17	Ghaba	50.43	50.14	10.50
22 Rawda Mahmoud Ahmed	16	Sharks Team	50.65	50.17	9
23 Sadra Ahmed Mohamed Ahmed	16	TM Acd	NT	50.25	7.50
24 Jana Ahmed Badwy	16	TM Acd	NT	50.59	6
25 Layal Ahmed Said Ahmed	16	ElGezira Youth	50.15	50.70	4.50
26 Rawan Waled Mohamed Amin	17	Ghaba	50.09	51.18	3
27 Lana Hany Aboud Ibrahim	16	Wadi Degla	51.96	x51.25	
28 Haneen Mahmoud Fayz	16	Ghaba	51.64	51.96	1.50
29 Basmlaa Bdawe Maahmoud	16	E-Zee Sport	NT	52.12	
30 Rodaina Ahmed Ramadan	16	Shooting Cairo	NT	52.14	
31 Logina Hosam Mohamed	16	El-Obour	52.62	52.67	
32 Jana Ahmed Maher	16	Nasr Club	NT	x52.71	
33 Julia Remon Samir	17	Ghaba	NT	x52.79	
34 Basmala Hesham Mohamed	17	Nasr Club	54.50	x52.93	
35 Yasmin Mohamed Abdullah	17	ElShrouk	NT	53.28	
36 Arwa Mohamed ElSayed	17	Wadi Degla	NT	x53.57	
37 Karla Rafik Maher Rafik	16	Wadi Degla	56.43	x53.98	
38 Hala Osama Mohamed	17	Sharks Team	NT	54.35	
39 Sondos Sayed Abdelrahmen	16	Qalyob	53.98	54.40	
40 Mariam Mohamed AbdElAziz	16	TM Acd	56.31	54.45	
41 Zeina Adel Rashed	17	Wadi Degla	NT	x54.62	
42 Mariam Mohamed Hassan Mohar	16	Tyran Club	55.50	54.96	

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(Event 31 Women 16-17 100 LC Meter SF Surface)

Name	Age	Team	Seed Time	Finals Time	Points
43 Sara Hazem Ibrahim	17	Enppi	52.82	x55.00	
44 Mariam Gamil Nadar Abed	17	Wadi Degla	55.23	x55.14	
45 Hana Alaa Fathi	16	Ghaba	NT	x55.82	
46 Judy Mohamed Abo-Elaeneen	17	Ghaba	58.92	x56.89	
47 Mariam Younis Mohmed	17	Wadi Degla	57.07	x57.48	
48 Romsiaa Tarak Fouad	16	ElGezira Youth	57.48	57.86	
49 Alaa Ehab Ahmed Mohamed	16	Meg Acd	NT	57.92	
50 Veronica Adel Youssef	17	Army Club	55.60	57.95	
51 Shahed Mohamed Samir	16	Shooting Cairo	NT	58.23	
52 Gomana Basil Esmail	17	Shooting Cairo	NT	58.60	
53 Rahma Mohamed Abd Fatah	16	Tyran Club	59.84	58.92	
54 Nour Alaa Abdullah	16	Meg Acd	NT	59.01	
55 Batol Mohy Mohsen	17	Green Hills Club	1:00.43	59.42	
56 Farah Ahmed Abdellah	17	M.S. Helwan	NT	59.43	
57 Roudina Alaa Abd El Hakeem	16	Meg Acd	NT	1:00.39	
58 Rokaya Ahmed El Shahat	16	Pyramids Gardens	NT	1:01.37	
59 Nadein Mohamed Rashed Abdo	16	El-Obour	1:00.98	1:01.78	
60 Jana Mostafa Helmy Hassan	16	TM Acd	NT	x1:02.03	
61 Jana Mohamed Ahmed Mohame	16	Nasr Club	NT	x1:02.64	
62 Sara Moustafa Mahmoud Man	16	Wadi Degla	NT	x1:02.70	
63 Yara Osama abd -el Wadod	16	El-Obour	NT	x1:03.54	
64 Gana Mahmoud Abdo	16	15 May Msh	NT	1:07.46	
65 Nour Mohamed Ahmed	17	Nasr Club	NT	x1:08.28	
66 Noor Mohamed Sadiyq	17	Meg Acd	NT	x1:08.50	
67 Nour Ahmed Hashem	16	ElShrouk	NT	1:08.53	
68 Nada Khaled Mohamed Hosny	16	Shooting Cairo	NT	x1:11.09	
--- Gana Mohamed Taha Ahmed	16	Wadi Degla	54.00	DQ	
--- Laila Ahmed Mohamed	16	Bank Ahly Cairo	53.03	NS	
--- Inas Mohamed Ahmed	16	Green Hills Club	56.43	NS	
--- Nour Waal Ragab	16	Sharks Team	NT	NS	
--- Nour Mohamed Zenhom	16	Sharks Team	NT	NS	
--- Amira Ahmed Mohamed Hussin	17	Enppi	NT	NS	
--- Hanin Ibrahim Mahmoud	17	Wadi Degla	52.07	NS	
--- Retag Amr Mohamed Sayed	17	Sharks Team	47.84	NS	

Event 31 Women 18-19 100 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Malak Amr Abd ElFatah	19	Wadi Degla	44.87	44.59	75
2 Yasmien Mohamed Fathy	18	Enppi	44.50	44.92	69
3 Joudy Ahmed Fouad	18	Ghaba	46.25	45.14	63
4 Ghada Mohamed Ahmed	18	Wadi Degla	44.10	45.92	58.50
5 Mariem Tarek Ghazy Mohamed	18	Tyran Club	46.84	47.07	54
6 Shahd Ahmed Fakhr	19	Ultimate	48.93	47.32	49.50
7 Zinab Adel Galal	19	Police	50.75	47.93	45
8 Walaa Araby Ramdan	19	Bank Ahly Cairo	46.64	48.15	40.50
9 Gana Amr Sayed	18	Bank Ahly Cairo	46.90	48.95	36
10 Roudina Mohamed Wagdy	18	Bank Ahly Cairo	49.20	49.42	33
11 Reem Said Mohamed	18	Enppi	49.70	49.45	30
12 Rawan Fahim Said Fahim	18	Ghaba	47.01	49.54	27
13 Hana Mohamed Abd Elmgeed	19	Pyramids Gardens	NT	49.87	24
14 Maryam Ahmed Syed Abdel Moad	19	Army Club	47.70	49.89	21
15 Sara Samir Afify	19	Police	NT	49.90	18

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(Event 31 Women 18-19 100 LC Meter SF Surface)

Name	Age	Team	Seed Time	Finals Time	Points
16 Sanaa Gamil Nader	19	Wadi Degla	50.00	50.26	15
17 Roudina Sherif Mosad	19	Ghaba	NT	50.53	12
18 Jomana Mohamed Mahmoud	18	Enppi	49.56	50.87	10.50
19 Rahma Hatem Abd Elmoamen	18	Army Club	53.90	52.23	9
20 Basmala Yahy Saed	19	EG Swaim	NT	52.50	7.50
21 Malak Tarek Khiry	18	Wadi Degla	51.65	x52.59	
22 Shahd Hady Mohamed	19	Tyran Club	54.85	52.92	6
23 Habiba Ahmed Magdy	18	Enppi	48.25	x52.93	
24 Huda Adel Alian Gomma	19	Wadi Degla	54.64	x53.65	
25 Jana Mamdoh Yousif	18	Nasr Club	52.70	53.98	4.50
26 Kiria Ishaq Abdel Maseeh	18	Army Club	56.09	54.78	3
27 Farah Bassim Mohi	18	Police	NT	54.92	1.50
28 Salma Ahmed Abdelghani	18	Nasr Club	54.57	55.11	
29 Kariman Abdallah Taha	18	Nasr Club	53.28	55.53	
30 Malak Nasser Ali	19	Nasr Club	56.01	x56.18	
31 Menna Samir EL Sayed	18	Wadi Degla	56.64	x56.40	
32 Radaw Mahmoud Fekry	18	Ghaba	NT	x57.59	
33 Sama Akram Fathi	18	Nasr Club	57.57	x57.61	
34 Salma Tarek Mohamed Ahmed	19	Shooting Cairo	NT	57.64	
35 Suzan Mostafa abd el Hamid	18	Shooting Cairo	NT	58.67	
36 Juwayria Alaa Ramadan	18	Army Club	58.54	x59.78	
37 Habiba Mokhtar Abdelsamea	18	El-Obour	59.71	1:00.87	
38 Hana Ashraf Mohamed	19	Nasr Club	NT	x1:01.68	
39 Jody Mahmoud Ebrahim	18	Sharks Team	NT	1:02.15	
40 Joudy Ahmed Saber	19	Wadi Degla	NT	x1:07.34	
41 Gehad Amin Shded	19	Police	NT	x1:08.10	
42 Goudy Shreif Mohamed Youne	19	Tyran Club	NT	1:08.98	
43 Noor Ahmed Mohamed	18	Ghaba	NT	x1:10.56	
--- Refka Rafik Saber	18	Ghaba	59.03	NS	
--- Omnia Ahmed Dolah Ahmed	18	Wadi Degla	NT	NS	
--- Sandra Hatem Kamel	19	Tyran Club	NT	NS	
--- Cinderla Zaki Hassan	19	Shooting Cairo	NT	NS	
--- Salma Tarek Ghazy Mohamed	18	Tyran Club	47.95	NS	

Event 31 Women 20 & Over 100 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Nada Magdy Abou Moslam	20	Enppi	43.06	43.89	75
2 Malak Sherif Said Moustafa	20	Bank Ahly Cairo	43.15	44.45	69
3 Ghehan Saad Abd Elrahman	20	Enppi	45.09	44.85	63
4 Shahd Khaled Mohamed	22	El-Moqatam	NT	47.20	58.50
5 Anan Magdy Tawfik	23	Bank Ahly Cairo	46.25	48.07	54
6 Malak Ahmed Abdla Wannis	20	Bank Ahly Cairo	48.06	48.45	49.50
7 Malak Ahmed Mohamed	20	Bank Ahly Cairo	NT	x51.96	
8 Ashraquat Gamal Mohame Ismail	21	El-Moqatam	NT	54.40	45
9 Mahinor Mohamed Abo-Elaenen	21	Ghaba	53.89	54.53	40.50
10 Hana Ahmed AbdElGayed	20	Enppi	NT	59.81	36
11 Sogoud Tarek Khiry	20	Wadi Degla	1:00.73	1:00.93	33
--- Arwa Mohamed Ahmed	20	Nasr Club	NT	DNF	
--- Monaya Wael Hussien	22	Shooting Cairo	NT	NS	
--- Somaia Ahmed Mohamed Hessen	20	Enppi	NT	NS	
--- Farida Amr Hussin	22	Army Club	NT	NS	
--- Hadeel Mahmoud Abd Elhakim	28	Shooting Cairo	42.45	NS	