

Cairo Winter 2025 - 28-Jan-25 to 06-Feb-25

Results

Event 39 Women 14-15 1500 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Raghda Eslam Amin Salamaa	15	Bank Ahly Cairo	15:29.31	15:21.90	75
2 Nada Mostafa Ragab Rashad	15	Enppi	NT	15:35.48	69
3 Saja Mohamed Abd Elazez	15	Nasr Club	NT	16:04.45	63
4 Malak Mohamed Nasr	14	Ghaba	NT	16:15.00	58.50
5 Alia Mohamed Helmy	14	EG Swaim	NT	16:17.12	54
6 Gomana ElSayed Hamdy	15	Army Club	NT	16:53.85	49.50
7 Habiba Mohamed Ahmed Moharr	15	Ghaba	NT	17:20.57	45
8 Mariam Wael Fahim	15	ElGezira Youth	NT	17:33.04	40.50
9 Sama Amr Mohamed Abdaal	14	Nasr Club	NT	18:49.23	36
10 Mariam Moustafa Mohamed	15	El-Obour	NT	20:58.45	33
11 Hana Tawifk Magdy	14	Al-Talbia	NT	21:28.00	30
12 Login Mahmoud Hassan Ali	15	ElGezira Youth	NT	21:50.84	27
--- Alia Walid Mahmoud	14	Meg Acd	NT	NS	

Event 39 Women 16-17 1500 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Renad Tamer Shaaban	17	Enppi	15:00.00	14:30.96	75
2 Farah Wail El Maadawy	17	Bank Ahly Cairo	14:26.07	15:02.64	69
3 Malak Alaa Aldin Khlousy	17	Police	15:29.57	15:08.40	63
4 Retag Ahmed Mohamed	17	Ghaba	15:33.07	15:19.29	58.50
5 Noor Osama Mohamed	16	Nasr Club	15:41.06	15:25.53	54
6 Sara Mohamed Elsonosy	16	Nasr Club	15:11.82	15:43.34	49.50
7 Logina Hosam Mohamed	16	El-Obour	15:38.67	16:00.39	45
8 Haneen Mahmoud Fayz	16	Ghaba	16:40.59	16:37.60	40.50
9 Raqia Raafat Abdulmutallab	16	El-Obour	NT	16:49.70	36
10 Lana Hany Aboud Ibrahim	16	Wadi Degla	NT	16:53.84	33
11 Judy Ebrahim Atef	17	Ghaba	17:21.96	x17:08.54	
--- Karla Rafik Maher Rafik	16	Wadi Degla	NT	DNF	
--- Retag Amr Mohamed Sayed	17	Sharks Team	14:57.42	NS	
--- Malk Mohamed Abouelela	16	Nasr Club	NT	NS	
--- Roaa Hassan Said Nagm	16	El-Obour	NT	NS	

Event 39 Women 18-19 1500 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Ghada Mohamed Ahmed	18	Wadi Degla	14:15.51	14:25.70	75
2 Walaa Araby Ramdan	19	Bank Ahly Cairo	15:05.76	15:18.46	69
3 Yasmin Adel Sayid Sayid	18	E-Zee Sport	NT	15:31.07	63
4 Zinab Adel Galal	19	Police	NT	15:49.90	58.50
5 Fatma Mahmoud Helmy	19	Enppi	16:12.45	16:13.04	54
6 Mai Abdel Razek Abdel Ha	18	Shoubra	NT	16:34.46	49.50
7 Kiria Ishaq Abdel Maseeh	18	Army Club	18:25.76	18:02.28	45
--- Reem Said Mohamed	18	Enppi	15:41.40	NS	

Event 39 Women 20 & Over 1500 LC Meter SF Surface

Name	Age	Team	Seed Time	Finals Time	Points
1 Nada Magdy Abou Moslam	20	Enppi	14:26.81	13:57.20	75
2 Malak Sherif Said Moustafa	20	Bank Ahly Cairo	14:14.89	14:05.84	69
3 Shahd Khaled Mohamed	22	El-Moqatam	15:39.10	15:30.70	63
4 Malak Ahmed Abdla Wannis	20	Bank Ahly Cairo	15:42.20	15:34.45	58.50
5 Shadan Ahmed Mahmoud	21	E-Zee Sport	NT	17:19.75	54
6 Youmna Hesham Ramadan	23	Pyramids Gardens	19:07.51	19:48.12	49.50
--- Lara Magdy Kamel	24	Bank Ahly Cairo	16:28.85	NS	